



Centre for Neuro Skills®

FACTS ABOUT SERVICES & PROGRAMMING FOR TRAUMATIC BRAIN INJURY *At the Centre for Neuro Skills®*

The **Centre for Neuro Skills (CNS)** founded in 1980, is one of the oldest and most respected brain injury rehabilitation facilities in the United States. With facilities in Bakersfield, California and Irving, Texas, and the new Home & Community program in the Los Angeles area, CNS offers cost-effective, outcome driven residential, community, home and outpatient rehabilitation services for individuals recovering from all forms of acquired brain injury.

Programs Offered:

- Post-Acute Inpatient Rehabilitation
- Neurobehavioral Inpatient Rehabilitation
- Assisted Living Services
- Community and Home Services
- Outpatient Services
- Vocational Rehabilitation Services
- Multi-Cultural Services

Diagnostic Categories: Closed and Penetrating Brain Injury (with or without Spinal Cord Injury)

- Minor Brain Injury / Post Concussive Syndrome
- Anoxic Event with or without Toxic Exposure
- Cerebral Vascular Accident (Stroke or Aneurysm)
- Encephalitis; Brain Surgery Rehab; Electric Shock Exposure

Ages Served: CNS residential clients range in age from 18-59 years old. Exemptions must be obtained for residential clients not in this age range. Outpatient services can be provided to clients of all ages, including pediatric clients.

Admission Criteria: A complete review of medical records and evaluation determines placement appropriateness.

The individual must be able to benefit from and participate in an intensive rehabilitation program.

The individual must be considered medically stable. Medically stable includes clients that are incontinent of bowel and bladder, gastrostomy tube feeders, catheterized, behaviorally impaired, or possibly with a tracheostomy. (RN on duty/on call 24 hours a day)

Program Description:

The CNS treatment program is a unique, intensive approach for rehabilitation of individuals with neurological illness or injury designed to maximize the eventual level of functioning of each client. Our program focuses on re-establishing a normal rhythm of living by separating the living environment from the therapeutic environment to facilitate return to a typical living situation.

At the **Clinic**, clients receive therapeutic services in the areas of Physical Therapy, Health Fitness, Occupational Therapy, Educational Therapy, Speech/Language Pathology, Aquatic Therapy, as well as Psychology/Counseling, five days per week up to six hours per day by licensed therapists.

The **Residential** component of the CNS program involves clients living in our apartment complex located in the community. The Residential program provides a necessary component to our approach to therapy: environmental validity. Each client is supervised by a Rehabilitation Assistant (RA). The RA aids the client in re-establishing a daily routine and reintegrating them into community activities. Meal preparation, personal grooming, and housekeeping tasks are practiced with hand-over-hand assistance or verbal gestural cuing, as needed. As part of the feedback effort, the RAs track over 350 pieces of data on the client every week. This data includes an evaluation of the client's ability to perform various activities of daily living, demonstration of behavior and assistance levels required. This information is instrumental in conjunction with the daily clinic based therapies to identify subtle deficits and breakdowns in the clients processing.

- * We have the ability to effectively deal with most types of behavioral clients.
- * Minimal to no reliance upon psychotropic or behavioral modifying medication to facilitate the rehabilitation process and to avoid masking unacceptable behaviors requiring additional therapy.
- * Family members are encouraged to visit as often as possible. Our staff will help with making arrangements.

Patients Served: Our facilities serve an average of 200 people annually. Our clients have come from 47 states and 7 foreign countries.

Payers Served : CNS has served more than 350 accident and health, worker's compensation and liability insurance companies, third party administrators, case managers, and self-insured employers.

Complimentary Services: Education Series Offering CEUs and CCMs
Onsite File Reviews with Comprehensive Report &

Recommendations

Client Evaluations with Comprehensive Report & Recommendations

Website www.neuroskills.com

E-Mail cns@neuroskills.com

Area representative: **Amanda C. Helvie**
Phone: (661) 333-7551
Email: ahelvie@neuroskills.com