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Stroke Resources Featured on Centre for Neuro Skills New Web Page

(Bakersfield, CA) April 13, 2015 – A new Web page focused on help for stroke sufferers and their loved ones has debuted on the Centre for Neuro Skills (CNS) Web site (<http://www.neuroskills.com/brain-injury/stroke.php>), which offers guidance, support, medical information and prevention education.

“Stroke is a devastating brain injury that touches every aspect of life for survivors and their families,” said Dr. Mark J. Ashley, founder, president and CEO of CNS.

A section of the page is devoted to resources for patients and includes Centers for Disease Control articles on stroke causes, signs and symptoms. To illustrate the real-life experience of a stroke sufferer, a CNS patient case study is included on the page. It chronicles one woman’s rehabilitation journey, from mistaking her stroke for a headache to regaining her skills and returning to work.

Another section is dedicated to resources for professionals. It includes clinical guidelines and recommendations on evaluation, detection, and treatment.

Another key feature is a biography of CNS consulting neurologist Dr. Matthew J. Ashley, who has extensive clinical experience in treating stroke patients. Dr. Ashley is one of the few neurology and rehabilitation trained physicians who provide clinical services for postacute care.

No longer associated only with smokers or the elderly, thinking has broadened about stroke and its underlying causes, which can include:

- Substance abuse
- Stress
- Cardiac conditions
- Genetic abnormalities
- Medical co-morbidities

Annually, about 800,000 people in the United States experience stroke. It is the fourth leading cause of death in the country.

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About Centre for Neuro Skills

CNS is recognized as an experienced and respected world leader in providing intensive rehabilitation and medical programs for individuals recovering from all types of brain injury. CNS effectively covers a full spectrum of care from inpatient and assisted living to outpatient/day treatment. For additional information about CNS, please visit neuroskills.com, #neuroskills, or call us at 800.922.4994.