Discovering how to live with, adjust to and accept a variety of life changing experiences is an important part of life for a person with a brain injury and their family. Life changing circumstances such as medical management, behavioral complications, aging, divorce, or death may suggest the need for a change in one’s living environment.

Families lovingly make sacrifices or changes to their normal rhythm of living to create a safe environment within their own home. However, a single life change may impact the family’s ability to safely continue the supervision and assistance needed. The complexity of a person’s brain injury may be so significant, that families must seek services outside of their home when their loved one is ready to discharge from a specialized brain injury program or hospital.

CNS Innovations is committed to serving patients with brain injury and their families throughout their lifetime. We do this by offering a variety of programs, all with the common mission of reducing disabilities while obtaining a meaningful life and maximum independence in the least restrictive setting.

Quality of Life Programs Features
- Caring staff with specialized brain injury training through CNS University who provide assistance with daily functional needs
- Nationally published Independent Living Skills program (ILS)
- Neurobehavioral management
- Medical and disease management
- CNS Counseling, Physical, Occupational, Speech Therapy – as necessary and approved by payer
- Patient-centered programs
- Case Management – timely, meaningful communication
- Supported work and volunteer opportunities
- Video monitoring in common areas

Community Based Integration Activities
- Participate in outings of interest: museums, parks, libraries, theaters, restaurants
- Sporting events and activities
- Community college classes
- Attend worship services

“Brain injury is not an event, but rather an active disease process with a variety of lifelong consequences, unique to each person. We are proud that CNS Innovations will help those living with a brain injury experience a greater quality of life.”
Assisted Living
CNS Innovations Assisted Living Program is a specialized long-term brain injury program developed to serve the patient and family when the complexity of their brain injury is of such severity that they are unable to live independently, and/or safely in their own home. The uniqueness of their brain injury necessitates 24 hour supervision as a result of the cognitive, physical, behavioral or medical complexities impacting their ability to live safely. Our Assisted Living Program is provided in apartments and homes owned by the Centre for Neuro Skills.

Supported Living
CNS Innovations Supported Living Program is offered to help a patient remain in his or her home with their family, allowing return to the most normal rhythm of life possible. We accomplish this by providing specialty trained staff that are available to work in the patient’s home and community up to seven days per week, depending on the patient’s needs. Our staff may need to assist or supervise the patient with activities of daily living, therapeutic home exercise activities, transportation and integration into the community. This may include medical appointments, vocational or volunteer endeavors, financial transactions, educational pursuits, and community outings.

CNS Innovations Centre
The Centre offers a variety of therapeutic treatment modules, and leisure-enrichment activities to individuals with an acquired brain injury.

Respite Services
CNS Innovations Respite Services are offered to assist families who require brief periods of assistance or supervision for their loved one who has suffered a brain injury. These types of services are needed when a family member has to be away for special work assignments, to enjoy a vacation or deal with unexpected life interruptions. These services are typically provided on a 24 hour basis in the patient’s home or in CNS owned apartments and homes.

Life skill therapy modules are led by licensed brain injury professionals with the goal to increase independence in the following areas:
- basic activities of daily living
- speech and communication
- cognition and academic skills
- vocational/voluntary work skills and placement
- physical strength and endurance
- brain injury and family education
- health and wellness
- day enrichment activities

Centre hours of operation: 7:30 a.m. to 5:00 p.m.

Medical Complexity and Admission Criteria
Individuals who may benefit from CNS Innovations services must have a brain injury or other neurological disease diagnosis, be 16 years of age or older and considered medically stable. Individuals appropriate for referral and evaluation for admission may experience a variety of medically complex conditions, or co-occurring conditions such as:
- Seizures
- Diabetes
- Neuroendocrine Dysfunction
- Depression
- Cardiac Disease
- Spinal Cord Injury
- Dialysis
- Cancer/Brain Tumor
- Eating Disorders
- Pre-morbid substance abuse
- Psychiatric history
- Pain
- Fatigue
- Sleep disturbances
- Skin breakdown
- Neurogenic Bladder
- Respiratory Condition

Brain injury disease often results in lifelong disability of varying degrees. Patients who benefit from the CNS Innovations program may live with activity limitations such as:
- physical, communicative, cognitive deficits
- bowel and bladder incontinence
- bathing, dressing, grooming
- behavioral or psychosocial complications
- swallowing issues – tube feeding
- vocational/volunteer activities