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Concussion Resources Featured on New Consortium Web Site

(Bakersfield, CA) Aug. 3, 2015 – A new Web site focused on help for people who endure concussion and Mild Traumatic Brain Injury (MTBI) has debuted at kccc.us. Sponsored by Centre for Neuro Skills (CNS) and other members of the Kern County Concussion Consortium, the site offers a wealth of resources and guidance.

“Concussion and MTBI are subtle, often misdiagnosed injuries that can worsen if not treated quickly and correctly,” said Dr. Mark J. Ashley, founder, president and CEO of CNS. “Without proper evaluation and care, symptoms can intensify and cause a spiral of dysfunction.”

A key section of the site is devoted to signs and symptoms and when to seek medical help. The Resources page lists links to articles and fact sheets that inform athletes, parents, coaches, and clinicians on what to do if someone is concussed. Suggestions on “return to play” protocols (for athletes and students) are noted, as are steps for having the injured person evaluated.

To identify symptoms, the site offers an online clinical evaluation known as the Standardized Concussion Assessment Tool (SCAT3) which assesses athletes 13 years or older.

SCAT3 is especially helpful for initial assessment in youth sports. When head trauma occurs, students often don’t appear to be hurt. Yet destructive, progressive damage may be exacerbated if coaches and trainers can’t recognize symptoms.

Links to many national health care organizations are also on the site, which highlight clinical articles on evidence-based care, research, and prevention.

“Our goal is to inform and assist anyone who has had a concussion or MTBI, or is searching for solutions and options,” Dr. Ashley said.

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About Centre for Neuro Skills

CNS is recognized as an experienced and respected world leader in providing intensive rehabilitation and medical programs for individuals recovering from all types of brain injury. CNS effectively covers a full spectrum of care from inpatient and assisted living to outpatient/day treatment. For additional information about CNS, please visit neuroskills.com, #neuroskills, or call us at 800.922.4994.

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