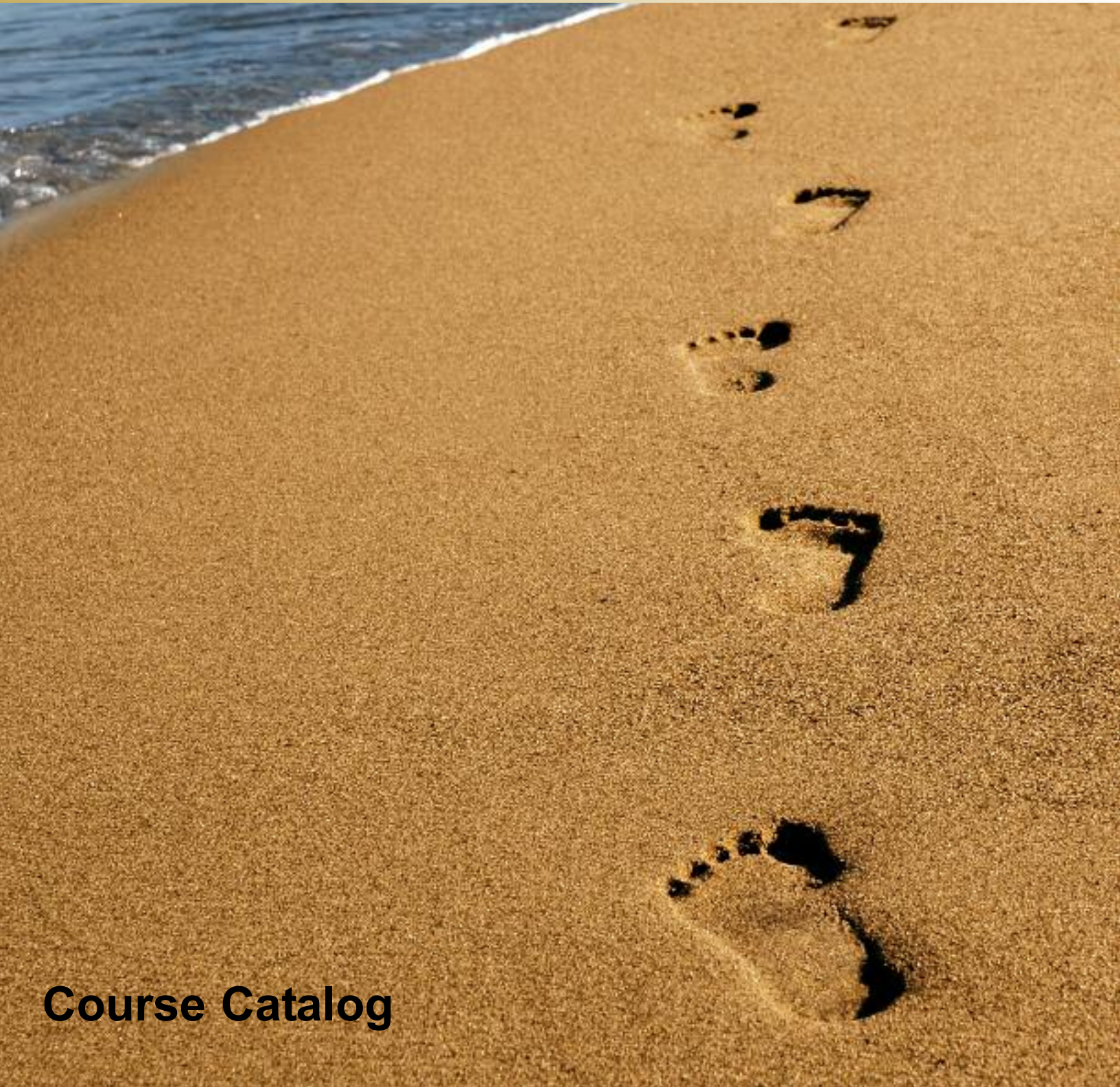




S.E.E.K.

STAFF EDUCATION - ENHANCEMENT - KNOWLEDGE



Course Catalog



Purpose and Mission of S.E.E.K.

The purpose of S.E.E.K. is to provide a fluid catalog of educational materials to continually enhance the personal and professional growth of each CNS employee.

The mission of S.E.E.K. is to sustain a positive influence through knowledge which will not only impact the individual staff member but the company and, most of all, the patients and families being served.

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MANDATORY EDUCATIONAL MATERIALS

Clinical staff and Community Liaisons

Traumatic Brain Injury: Rehabilitative Treatment and Case Management, 2nd Ed.

Required reading: All text chapters: 1 through 21

Who: Directors of Rehabilitation, CNS Case Managers, Behavioral Specialists, Evaluation Specialists, Community Liaisons.

Required reading: By profession.

Physical Therapy: Chapters 2, 3, 4, 6, 10, 12, 17, 20, 21

Occupational Therapy: Chapters 2, 3, 4, 6, 8, 10, 17, 18, 20, 21

Speech and Education: Chapters 2, 3, 4, 5, 10, 15, 17, 18, 20, 21

Nurses: Chapters 2, 3, 4, 7, 10, 11, 16, 17, 18

Counselors: Chapters 2, 3, 4, 5, 7, 14, 16, 17, 19, 20, 21

Case Manager Training [CDs]

The Field Evaluation [41", 52 pp; test included]

Brain Function [11", 21 pp; test included]

Applied Behavior Analysis [20", 33 pp; test included]

Brain Injury Overview [17", 27 pp; test included]

Cognitive Disorders [18", 25 pp; test included]

Physical Deficits [26", 39 pp; test included]

Pharmacology [15", 28 pp]

Visual Deficits [29", 42 pp]

Mild Traumatic Brain Injury [50", 67 pp; test included] *continued next page*

Case Manager Training [CDs] ... continued

The Neurological Examination [24", 38 pp; text included]

Post-Traumatic Epilepsy [24", 32 pp]

The Vestibular System [40", 47 pp]

Discharge Planning [46", 48 pp]

Long Term Recovery [14", 22 pp]

Neurophysiological Substrates of Learning [23", 26 pp]

Aging and Related Neuromedical Issues [42", 59 pp]

Cultural Diversity in the Rehab Setting [35", 36 pp]

Auditory Function Assessment [30", 48 pp]

The Neuropsychological Evaluation of TBI [48", 43 pp]

Therapeutic Recreation with TBI [44", 54 pp]

Children & Adolescents: Educational Challenges [35", 47 pp]

ProAct Training Classes

Who: Required of all direct care staff. Dates for classes TBA.

Residential Staff

Rehabilitation Assistants (RA's), Neuro Rehab Assistants (NRA's)
Training Program for Employment.
Dates for classes: TBA

ProAct Training Classes
Dates for classes: TBA

GENERAL EDUCATION RESOURCES

Non-CEU Resources

Courses currently available on campus and via www.skillpath.com [except Rosetta Stone]

Rosetta Stone: Learning to Speak Spanish

Managing Multiple Projects, Objectives and Deadlines [Bill Capstack]:
3 audio CD + 1 CD-ROM [PDF Workbook]

A recording of a SkillPath popular seminar, edited to focus on key issues and information most needed to improve time and priority management skills.

12 Secrets to High Self-Esteem [Linda Larsen. Behavioral Sciences, Experienced as trial consultant and family counselor]: 6 audio CDs. 1 CD-ROM with printable workbook.

The Power of Self-Awareness. Accessing Your Internal Wisdom. Taking Responsibility for Yourself. Accepting Yourself and Letting Go of the Past. Managing Your Emotions. The Power of Visualization. Deciding Your Values - Creating A Mission Statement. Setting and Achieving Goals. Communication with Confidence. Say the Magic Words. Getting Into Action. Celebrating Your Success.

Management Essentials: 8 audio CD program.

How to Excel as a Team Leader:

Tuning Up Your Team for Smoother Results (Curt Miller. 41:34)

Motivation in the Workplace (Barbara Fielder. 34:57)

Communicating with Poise and Power:

Mastering the Art of Business Communication (Michelle Poley. 44:19)

How to Keep Negative People from Ruining Your Day (Zoie Kaye. 35:43)

How to Stand Out as a Manager or Supervisor:

Productivity Power (Jim Temme. 45:14)

Meetings That Work (Marlene Caroselli. 45:43)

Managing Unacceptable Employee Behavior

Managing the Front Desk: audio CD (Pam Boyd)

How to handle your all-important role as gatekeeper with poise and polish.

10 things you can do to immediately put visitors at ease....even when they have to wait.

Yes, you can establish your authority and still be gracious...even with the vendor who won't take "no" for an answer.

8 great ways to handle difficult people and situations....without getting upset or hurt.

The secret to remaining calm....even in the midst of craziness.

Too many details to manage? An easy system for making sure none of your many "to do" items slip through the cracks.

Do others see you as a professional? How to ensure that your words and actions make it clear you are.

How to create a work environment that supports you and represents your company well.

The Reader's Edge Speed Reading Software: The Literacy Company

Age Levels: 5 to Adult

10 Speed Reading Exercises. Unlimited Users. Install on Two Computers (required to activate within 7 days after installing The Readers' Edge® program).

Windows® Compatible: 98, NT4, 2000, ME, XP & Vista. (Not Mac compatible).

Speed & Comprehension Tests. Practice with Microsoft's Text-to-Speech.

Set Content Preference. Readers with Dyslexia. Change/Edit Vocabulary Lists

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Personalized Program Settings. Assessment & Progress Reports.

Free Updates for Life (Internet access required. Users receive web updates for life on CD for nominal charge).

Built-In Exercises Coach. Grade level Readability Analysis. Import Content from PC or Local Network. Multiple Users.

PowerPhrases!® Expanded Version: by Meryl Runion

1 Book + 1 CD-ROM with complete copy of the book in searchable, printable PDF format, plus activities, movies, tutorials. Macromedia® Flash Player and Adobe® Reader included, if needed.

Assure common understanding. Clear up conflict. Establish a connection. Get what you want. Refuse what you don't want. Knowing what to stay results in: Increased confidence. Enhanced self-esteem. Refinement and professionalism. The ability to slide out of sticky situations with grace and ease. Additional features on electronic communication to help send powerful, fluff-free e-mails, and learn how to apply Reunion Rules of Responsible Communication.

Learning to Listen: 6 audio CD program. Brian Grossman

- I. Understanding Listening Styles and Types
- II. Tune in, Not out.
- III. Listening in the Workplace.
- IV. Listen and Lead at Home.
- V. Raise Your Listening Level.
- VI. Make the Most of Listening.

Networking: 1 Book. Colleen Clarke

The 15 most common barriers (excuses) to networking.
 The 16 rules of networking etiquette "netiquette".
 The 10 sure-fire ways to improve your networking skills.
 The advice call, what it is and the script to make it work.

Communication Cure. 5 How-to Books.

1. Having Something to Say When You Have to Say Something
 Secrets to hooking and holding your audience's interest.
2. Letters and Memos Just Like That
 Make sure all of your business communications reflect your best intentions.
3. Mastering the Art of Communication
 Improve you listening skills, body language, assertiveness, message positioning and become one of the great communicators.

.... *continued on the next page*

4. P.E.R.S.U.A.D.E. (Marlene CarolSELLI)

Be prepared to handle any business or personal negotiation with confidence and skill.

5. Your Total Communication Image

Improve your communication skills on four all-important levels: PowerVoice, PowerSpeech, PowerLanguage and PowerTalk.

Total Training™ for Microsoft® PowerPoint® 2007 Essentials

1 DVD-ROM 4 hours. (Windows platform) Beginner to Intermediate
PROJECT FILES INCLUDED

Seeing PowerPoint with New Eyes
Starting Your Presentation
Using Drawing Tools
Working with SmartArt
Using Animation
Making Your Presentation
Tips and Tricks

Understanding the Basics
Formatting Text
Using Pictures
Creating Tables and Charts
Adding Multimedia
Sharing Your Presentation

Total Training™ Microsoft® Excel® 2007 Advanced

1 DVD-ROM. 6 hours. (Windows platform) Intermediate to Advanced.
PROJECT FILES INCLUDED

Summarizing Data
Charting in Excel
Creating Powerful Formulas
Tips and Tricks

Working with PivotTables
Getting Visual
Recording Micros

MindMapper 2008 Professional by SimTech Systems

An integrated mapping format. Organization for the unorganized mind.

Captures ideas as they come to you, improving thought processes and providing a fast and easy methods for multi-person collaboration. Offers a two-way file association system for transferring maps into Microsoft Word documents, PowerPoint, Microsoft Excel, Microsoft Project, Microsoft Outlook, e-mail and hand-held devices.

Successful New Employee Orientation: a book, Jean Barbazette

Third edition of a proven guide to orienting a new employee. There are flexible and customizable materials to design a program from the ground up or add zest to an existing one. The book includes innovative ideas with program outlines and interactive activities to engage, energize and motivate new employees.

Courses Available Online

Skillpath: Audio Conferences and Webinars [www.skillpath.com]

SkillPath Schedule for 2009 is listed on skillpath.com. Courses for off-site locations or webinar presentations or audio presentations vary in cost.

Training Classes: [www.training-classes.com]

This is a valuable website for multiple learning purposes. Classes can be provided through off-site locations, on-line, webinar, e-book, CD, or DVD. The "training-classes" website also links to multiple sites offering an extensive variety of subjects involving business/management skills, MBA, multiple computer skills, personal improvement, auto shop, medical business, etc.

Cost per program varies.

Understanding the Brain

DVD course available on campus: 3 parts, 36 lectures (30 minutes/lecture)

Presented by Jeanette Norden, Ph.D., neuroscientist, Professor of Cell and Developmental Biology in School of Medicine, and Professor of Neurosciences in College of Arts and Sciences at Vanderbilt University. Excellent course combines neurology, biology, and psychology to understand "how we perceive the world through senses, how we move, how we learn and remember, and how emotions affect our thoughts and actions." Whether the participant is an interested student and/or practicing professional, all will benefit from well-presented information about how the brain is organized and what it can accomplish.

The Human Body: How We Fail, How We Heal

DVD course available on campus: 2 parts, 24 lectures (30 minutes/lecture)

Presented by Anthony A. Goodman, M.D., F.A.C.S., is a General Surgeon and Adjunct Professor of Medicine at Montana State University and Affiliate Professor in the Department of Biological Structure at the University of Washington, School of Medicine. This course explores the way the body "meets the challenges of disease and injury" and whether it may either fail or overreact. The course covers the Cellular Level, the Inflammation and Immune System, Infectious Diseases, Shock, Cancer, and Wound Healing.

Biology and Human Behavior: The Neurological Origins of Individuality, 2nd Edition

DVD course available on campus: 2 parts, 24 lectures (30 minutes/lecture)

Presented by Professor Robert Sapolsky, Stanford University. This course explores the combination of influences on biology and human behavior by genes, early experience, and hormones.

Consciousness and Its Implications

DVD course available on campus: 1 part, 12 lectures (30 minutes/lecture).

Presented by Professor Daniel N. Robinson, philosopher and psychologist at Oxford University and Georgetown University. This course probes the depths of the mysterious mental state called "consciousness." Dr. Robinson "balances a range of viewpoints" from the philosopher, psychologist, scientist, and doctor.

The Art of Critical Decision Making

Teaching Company DVD course: 24 lectures (30 minutes/lecture)

Presented by Michael A. Roberto, D.B.A., Trustee Professor of Management at Bryant University. This course examines why leaders and organizations make poor choices. The discussion reviews cognitive psychology, group dynamics, and theories of organizational culture and systems to help us understand why well-intentioned, capable people blunder. Lectures review techniques and behaviors that leaders use to improve decision making. The pros and cons of "groupthink" in making decisions for complex choices is an interesting discussion. Ways to stimulate constructive conflict and achieve consensus and timely closure are discussed. The final portion of this course examines critical decision making at the organizational level.

Psychology of Human Behavior

Teaching Company DVD course: 36 lectures (30 minutes/lecture)

Presented by David W. Martin, Ph.D., Professor and Head of the Psychology Department at North Carolina State University. The initial lectures review research methods and the psychoanalytic theory as introduced by Sigmund Freud. Abnormal psychology and various classifications of mental illness are discussed as well as three therapy classifications (psychopharmacology, ECT, psychosurgery). Psychotherapies review psychoanalysis, humanistic, and cognitive therapies as well as behavior therapies based on classical conditioning and operant conditioning. Lectures also review experimental scientific psychology and psychoactive drugs. Other subjects include memory and memory aides; perception; modern thought regarding evolutionary psychology involving myths and evolved behavior; and why human aggression is such a problem.

Nutrition Made Clear

Teaching Company DVD course: 36 lectures (30 minutes/lecture)

Presented by Professor Roberta H. Anding, Director of Sports Nutrition and Clinical Dietician. Baylor College of Medicine and Texas Children's Hospital. A very wise and realistic approach to nutrition and how what we eat and drink affects our bodies and our lives. The digestive tract and essential building blocks of diet and nutrition are reviewed. Dietary links to chronic diseases and disorders, such as diabetes, hypertension, obesity, heart disease and disorders of the digestive tract, are reviewed. A balanced review considers the pros and cons of sugar substitutes, fat replacers, organic and conventional foods, and herbal therapies. How to read food labels is informative. Probiotics, prebiotics and functional foods and discoveries of new advancements in the science of nutrition are reviewed. Learn how to compute your ideal weight and what you need to do to achieve it and maintain it through diet and exercise.

Understanding Genetics: DNA, Genes, and Their Real-World Applications

Teaching Company DVD course: 24 lectures (30 minutes/lecture)

Presented by David Sadava, Ph.D., Pritzker Family Foundation Professor of Biology at The Claremont McKenna, Pitzer, and Scripps Colleges. Increasing knowledge of DNA and genetics is radically impacting the two important applications of biology to human welfare: medicine and agriculture. DNA is the molecule of heredity. Lectures discuss (1) the duplication properties of the double-helix model of DNA (2) the gene-protein relationship (3) the genome and the purpose of recent genome projects (4) forensic identification using DNA and (5) new knowledge of DNA and genetics leading to a new kind of medicine: molecular medicine. Applications of biology to human welfare through agriculture involving genetic information are reviewed. This radically different biotechnology has its critics on both philosophical and practical grounds. With great potential comes great risk but scientists continue to explore the possibilities.

Dealing with Different, Diverse (& Difficult) People

6 audio CDs (Barbara Braunstein)

This SkillPath Publications course “identifies all the different people you work with and live with, and then shows you exactly how to motivate them and get results with them, even the truly difficult ones.” A seventh CD has a workbook in PDF format as well as Acrobat Reader 5.0.

Examples from the Program Guide: “What’s the Matter with People Anyway? The Serious Business of Listening.” “How to Deal with Generational Differences “ “How to Deal with Your Own Anger, Frustration” “How to Negotiate Effectively. How to Disagree Respectively” “How to Deal with Angry People”

The Neuroscience of Everyday Life

Teaching Company DVD course: 36 lectures/30 minutes each

This informative and easy-to-understand series is present by Professor Sam Wang, Associate Professor of Molecular Biology and Neuroscience at Princeton University. Whether you watch two or three sections or the entire course, you will have added interesting information to your internal library of knowledge. Examples of Lecture Titles: “Decision - Your Brain’s Secret Ballot” “Juicing the Brain” “Willpower and Mental Work” “Biological Timekeepers and Jet Lag” “Perception and Your Brain’s Little Lies” “Brain Exercise” and Real Exercise” “Sex, Love, and Bonds for Life” “The Weather in Your Brain – Emotions”

Origins of the Human Mind

Teaching Company DVD course: 24 lectures/30 minutes each

Professor Stephen P. Hinshaw, Professor of Psychology at the University of California, Berkeley, presents information about the workings of the human brain through normal and abnormal circumstances. His course reviews the evolution and development of the brain and mind and psychological views of the mind. Examples of Lecture Titles: “Influences of Sex and Gender” “Adolescence – Rebellion, Identity, Self” “Infancy – Temperament and Attachment” “Myths and Realities of Heritability” “The Abnormal Mind – What Goes Wrong?” “Attention, Impulse Control, and ADHD”

Stress and Your Body

The Teaching Company DVD course: 24 lectures/30 minutes each

Stanford University Professor Robert Sapolsky presents an informative and, sometimes, humorous set of lectures on good stress and bad stress. The body prefers a homeostatic condition where blood pressure, heart rate, temperature, oxygen levels and blood glucose are in normal range. A stress-response is normal when presented with impending danger. When the danger is gone, our systems return to homeostasis. But, if anticipatory stress-response occurs in the absence of danger and it becomes a chronic psychological stress-response, your body is subject to bouts of anxiety and physical diseases. Not a good thing. The final lectures review ways to manage stress and return your body to happy homeostasis.

CONTINUING EDUCATION COURSES

For: Licensed Staff

Motivations, Inc.

A continuing education company offering approved courses for multiple professions

www.motivationsceu.com/credentials.cfm

Registration by Facility Membership Program.

Multiple medical/rehab courses on-line and off-campus.

Approved provider of CEU's by:

AOTA (provider # 4002)

APTA (So. Carolina Chapter)

ASHA (provider AAUR)

IACET (International Association for Continuing Education and Training: provider #205792)

NATABOC (National Athletic Trainers Association Board of Certification: provider # P2549)

www.training-classes.com

Continuing Education Resources by Profession

Physical Therapy

American Physical Therapy Association (APTA)

www.apta.org [go to: APTA Learning Center]

APTA members: free or small fee

Fee for non-members

Additional CE courses: www.apta.org [go to: Professional Development]

Includes text-based CE courses through PT Journal and PT Bulletin on-line courses.

Occupational Therapy

American Occupational Therapy Association (AOTA)

www.aota.org [go to: Continuing Education]

Offers multiple CE courses on-line, on CDs, or through Webfind for approved providers.

AOTA members: free or small fee

Non-member fee

Speech-Language Pathologists

American Speech Hearing Association (ASHA)

www.asha.org [go to: Find a CEU Course]

www.speechpathology.com/ceus/index.asp

Unlimited ASHA-approved CEU courses. \$99.00/year.

Includes online live and self-study courses.

www.advanceweb.com/speech [go to: Education/Events and then to: CE Directory]

Offers multiple CE provider web-sites. ASHA approved.

Nurses (RN, LVN, CNA)

American Nurses Association (ANA)

American Nurses Credentialing Center (ANCC)

www.rn.com [go to: Nursing Education]

ANCC-accredited, multi-state approved

Unlimited Education Club: one year one-line courses, unlimited contact for small fee.

www.worldwidelearn.com/continuing-education/nursing-ce.html

www.ceuprofessoronline.com

\$27.95 fee for one year of unlimited CE Contact Hours.

Case Management Society of America (CMSA)

www.cmsa.org

CCM Educational Resource Library is a Member-Only benefit.

Commission for Case Manager Certification (CCMC)

www.ccmcertification.org

Includes CE provider list: multiple providers, multiple states

American Association for Marriage and Family Therapy (AAMFT)

www.aamft.org [go to: AAMFT Online CE Testing Center]

Licensed Clinical Social Workers (LCSW)

California Board of Behavioral Sciences

www.bbs.ca.gov

Texas Department of State Health Services

www.dshs.state.tx.us/socialwork/default.shtm [go to: Continuing Education]

Unlimited CE courses for Texas and California LCSW: \$199/year

www.genesisce.org

Certified Brain Injury Specialists (CBIS)

Academy of Certified Brain Injury Specialist

www.aacbis.net

Insurance Specialists

<http://www.webce.com>

Certified Rehabilitation Counselor (CRC)

Commission on Rehabilitation Counselor Certification (CRCC)

www.crcertification.com

Provides information for CE regulations and providers.

Human Resources (SHRM)

Society of Human Resources Management (SHRM)

www.shrm.org

PEDIATRIC AND ADOLESCENT ABI

What's Going On In There? How the Brain and Mind Develop in the First Five Years of Life (1999)

Author: Lise Eliot, Ph.D. is a mother and neuroscientist who presents an authentically interesting view of brain development from conception to birth and emerging skills through the first five years of life. Dr. Eliot believes that we cannot understand a child's mind until we understand the structure and physiology of the brain.

Creation of the human brain is an amazing adventure influenced by genetics (nature). Find out how neurons and glia are made; how the cerebral cortex is sculpted; and how axons "sniff" for synaptic connections. At birth, the brain has 100 billion neurons and one quadrillion synapses. Synaptic "pruning" begins to build strong neural pathways as the influence of environment and experience (nurture) takes over. Other sections discuss (1) prenatal influences on the developing brain (2) how birth affects the brain (3) the importance of touch (4) why babies love to be bounced (5) the early world of smell (6) taste, milk and origins of food preference (7) wiring up the visual brain (8) how hearing evolves (9) social-emotional growth (10) the emergence of memory (11) how intelligence grows in the brain (12) nature, nurture, and sex differences in intellectual development and (13) how to raise a smarter child. Read on.

BrainSTARS: Brain Injury: Strategies for Teams And Re-education for Students

Authors: Jeanne E. Dise-Lewis, Ph.D., Margaret Lohr Calvery, Ph.D., Hal C. Lewis, Ph.D.

As we all know, children are a work-in-progress. So, when brain injury strikes there is an interruption to normal development. This is especially true in cognitive domains. Early therapeutic intervention helps the child recover some losses but rehabilitative input must continue over a number of years as the child matures. Too few children are ever exposed to this experience and that absence leads to a lifetime of failures. The BrainSTARS manual was developed for the many families and educators who do not have access to quality consultation or information to help children and adolescents after ABI. There are many useful applications that CNS therapists can use to assist parents as their child nears program discharge. Manual contributors include speech-language pathologists, child clinical psychologists, pediatric occupational and physical therapists, learning specialists, and administrative assistant.

Subjects include (1) an introduction to ABI in children and adolescents (2) abilities typically affected by BI (3) developmental stages (4) setting the stage for successful behavior and learning (5) teaching structure (6) problem-solving, neurodevelopmental clusters and interventions (7) adolescent self-regulation (8) attention (9) emotion regulation (10) fine and gross motor control (11) executive functions (12) speech-language functions (13) sensory processing and (14) social skills. Other sections include advocacy, support services, educational rights, and school sources through IEP. Resources and glossary are included. Finally, the manual has several worksheets available to assist in developing each individual child's program. These worksheets can be photocopied by multiple users. An additional perk is the supplemental CD and DVD video. A great presentation.

Pediatric Life Care Planning and Case Management (2004)

Author: Susan Riddick-Grisham, Editor

This 959 page volume will be a valuable tool for case managers responsible for managing care for children with disabilities. Development of pediatric life care plans is included as well as several case studies. A comprehensive overview of primary issues in care coordination is drawn from the expertise of several health care providers, case managers, and life care planners.

Child Development. 8th Edition (2009)

Author: Laura E. Berk, Ph.D.

Dr. Berk, professor of psychology at Illinois State University, has taught child and human development for more than three decades. She is widely published on the effects of school environments on children's development; development of private speech; and the role of make-believe play in development. This nearly 700 page book offers a wealth of information and teaching tools in five major sections: (1) theory and research in child development (2) foundations of development (3) cognitive and language development (4) personality and social development and (5) contexts for development. Each section has a "take a moment" feature asking the reader to think deeply and critically or to engage in an exercise or application. Other features are "in-text" highlighting of key terms and definitions and "end-of-chapter" lists with references. Thematic boxes cover a wide range of areas within child development: social issues, cultural issues, biology and environment, and from research to practice. This book is a gem.

Combining Neuro-Developmental Treatment and Sensory Integration Principles: An Approach to Pediatric Therapy (1995)

Authors: Erna I. Blanche, M.A., OTR. Tina M. Botticelli, M.S., PT. Mary K. Hallway, OTR.

Every experienced physical or occupational therapist knows that no one treatment approach will solve the complex problems presented by the neurologically impaired individual. As brain injury rehabilitation was emerging in the late 1970's, formalized sensorimotor and sensory integration treatment protocols for adults with TBI did not exist. The Bobath or neurodevelopmental treatment (NDT), established in the 1960's, had been used for children with CP and adults after stroke. Dr. Jean Ayres founded sensory integration treatment approaches primarily for children. Both techniques were based on sound principles for addressing abnormal tone and postural dysfunctions. In the early 1980's our PT and OT treatment protocols were essentially based on NDT/Bobath and Ayres' SI techniques and they worked. During the 1980's and 1990's therapists flocked to NDT training programs as BI rehabilitation became a firm reality.

Now that it is increasingly recognized that children benefit from early neurorehabilitation we again turn to Bobath and Ayres. This manual has combined the principles of both techniques to provide therapists an excellent set of tools not only to treat children with ABI but applications are still possible for adults.

Sensory Integration: Practical Strategies and Sensory Motor Activities for Use in the Classroom (2002)

Author: Michael C. Abraham, C.A.P.E.

We are constantly bombarded with sensory information from the environment and through contact with others. Most children have normal sensory integration (SI) development through play experiences and later in classroom activities. However, the child with brain injury has lost the efficiency of brain function needed for learning in cognitive domains, complex motor functions, and emotional development. Integration skills involve equilibrium, kinesthesia, motor planning, tactile functions, vestibular-related functions, and bilateral motor coordination. SI and Sensory Processing Disorders (SPD) dysfunction challenges the child's ability to adapt as he/she grows.

This book was designed for parents and teachers. However, a therapist may use the information to introduce SI and Sensory Processing Disorders (SPD) and explain how the child with dysfunction feels. Detailed information and strategies with illustrations cover a wide range of specific gross and fine motor needs. This is for the child with poor posture, excessive restlessness, poor coordination, weak or floppy arms or legs, learning behavior, fine motor problems, and bilateral integration problems.

Eyes On Track: A Missing Link to Successful Learning: Grades 1-6 (2000)

Authors: Kristy Mitchell Remick, O.D., F.C.O.V.D. Carol A Stroud, B.S., Educator. Vicki Bedes, Vision Therapist and illustrator, Dick Pike.

This manual was developed as a hands-on guide for educators to help improve eye tracking and vision perception of students. Poor eye tracking and visual perception are the most misunderstood and overlooked factor related to sound reading development for children and adults. Problems with near vision are often overlooked as a causative factor in learning difficulties. Chapters include (1) a new definition of vision and the myth of perfect vision (2) the developmental hierarchy of vision and common eye problems (3) symptoms and when a referral is needed (4) activities to improve eye tracking skills (5) activities to improve vision perception skills and (6) implementing "Eyes On Track" at a school. Also, many applications could be beneficial for adults with vision problems.

The A.D.D. Nutrition Solution: A Drug-Free 30 Day Plan (1999)

Author: Marcia Zimmerman, C.N.

This book is packed with information about AD/HD and the nutrition connection. AD/HD is the most commonly diagnosed psychiatric condition found among young people. In 1998, a NIH conference reviewed several studies from around the world that confirmed the influence of nutritional factors on the brain. For example, studies of essential fatty acids clearly showed that a lack of omega-3 is tied to errors in brain metabolism and information processing. As science reveals greater insight into the connection between nutrition and brain function, nutritional alternatives instead of medications are being pursued with success. This book offers advice on nutrition that can be used by anyone.

Too Loud ! Too Bright ! Too Fast ! Too Tight ! What To Do If You Are Sensory Defensive in an Overstimulating World (2003)

Author: Sharon Heller, Ph.D. is a developmental psychologist.

This book provides information about sensory defensiveness, an often misdiagnosed condition resulting from adverse reactions to what most people consider harmless sensations. Adverse reactions may include (1) finding many different foods repulsive (2) a panicky feeling when going down an escalator or driving through a tunnel (3) clothing labels that bother you so much that they have to be removed (4) needing sunglasses even on a cloudy day (5) startled by loud, sudden piercing sounds. The book includes discussion about (1) the nervous system's role in sensory detection (2) types of responses (3) a variety of causes of sensory defensiveness and (4) tests. Many treatment suggestions are made including the Wilbarger Protocol. The point is to help the patient cope with sensory defensiveness rather than relying on psychotherapy or medication only. Children suffering from this disorder can become increasingly debilitated on into adulthood if not properly diagnosed and treated. Therefore, this book's information can be utilized to help all ages.

Author	Title	Description
Lash & Associates Publishing	TIP CARDS: Children & Youth 34 total in packet	Listed below by Author(s), Title, and Description of material
Tip Cards (4) Helping Families		
Ron Savage, Ed.D. and Marilyn Lash, M.S.W.	COMA: When a Person has a Brain Injury	Brain injury tip card explains what a coma is and how its severity is measured by coma scales. Gives tips for families for visiting and bedside coma care.
Carolyn Rocchio, parent, and Marilyn Lash, M.S.W.	Life after Brain Injury: A guide for families	Information helps families with a recently injured member understand their feelings and reactions during early stages of hospital care, rehabilitation, and home care after an acquired brain injury.
Roberta DePompei, Ph.D., Ron Savage, Ed.D., and Marilyn Lash, M.S.W.	Helping Brothers and Sisters: When a child has a brain injury	Brain injury information for families on preparing siblings for hospital visits and helping them understand coma and head injury treatment.
Marilyn Lash, M.S.W.	Families as Managers of Care and Services	Information and tips for families on adapting professional case management skills and applying them to managing care and services for a brain injury survivor at home and in the community.
Tip Cards (2) Communication		
Roberta DePompei Ph.D. and Jean Blosser, Ed.D	Communication in Children after Brain Injury	Brain injury can affect a child's speech, language and communication. Tip card gives information for parents, educators and therapists to identify changes in language development and learning in school.
Yvonne Gillette and Roberta DePompei	Augmentative Communication after Head Injury in Children	Information and resources for parents and educators on uses and choices for technology when a child has special needs due to illness or brain injury.

Author	Title	Description
Tip Cards (6) Childhood Development		
Carole Wedel Sellars and Candace Hill Vegter	The Young Child Myths and Facts about Brain Injury	Traumatic brain injury information explains how brain trauma affects brain development and recovery in infants, toddlers and preschoolers by correcting common myths.
Marilyn Lash, M.S.W.	Myths & Facts, When Your Child has a Brain Injury	Brain injury information on developmental effects of traumatic and acquired brain injuries in children over time. Discusses brain development, recovery patterns and effects on learning.
Ann Deaton Ph.D.	Helping Children Succeed after Brain Injury	Tips and information help families build self esteem of child after traumatic brain injury (TBI) by focusing on strengths and encouraging independence at home and in school.
Gigi McMillan & Marilyn Lash	Brain Tumors in Children and Youths	Information for parents and educators describes medical terms and treatment of brain tumors in children including effects of brain tumors on childhood development and brain maturation.
Gigi McMillan, Sharon Grandinette M.S. & Marilyn Lash	Brain Tumors Changes at Home and School	Information for families on coping with child's diagnosis and treatment of brain tumor. Tips for educators on effects of brain tumor on learning, behavior and physical abilities in classroom. Shows how to identify special needs related to brain tumors.
Janet Houston and Ron Savage, Ed.D.	Keeping Children Safe after Brain Injury	Brain injury information for parents shows how changes in thinking, behavior, physical abilities after a brain injury can increase risks for repeated injuries.

Author	Title	Description
Tip Cards (3) Concussion and Medications		
Ron Savage, Ed.D.	Concussion in Children	Concussion information describes early and late signs and consequences of concussions and how to monitor symptoms. Post concussion checklist helps parents, nurses and educators track recovery.
Marilyn Lash, Ron Savage and Roberta DePompei	Back to School after a Mild Brain Injury or Concussion	Information and tips on concussion shows how a mild brain injury or concussion can affect child's learning and behavior at home and in school.
Peter Patrick, Ph.D.	Guide to Medications after Brain Injury	Uses and types of medication for adults and children with brain injury to help with emotional and psychological changes and to improve cognitive abilities.
Tip Cards (12) Learning and School		
Roberta DePompei, Jean Blosser, Ron Savage & Marilyn Lash	Back to School After a Moderate to Severe Brain Injury	Information helps families, educators and clinicians prepare child with acquired brain injury for return to school, transition from rehabilitation, and communication with teachers.
Janet Tyler Ph.D. and Linda Wilkerson, M.S.	Section 504 Plan Checklist for a Student with a Brain Injury	How Section 504 of the Rehabilitation Act applies for a student or child with a brain injury in school; how eligibility is determined. Identifies accommodations for learning and teaching for support and assistance in class. Helpful for students with concussion or mild brain injury needing temporary assistance.
Roberta DePompei Ph.D, Jean Blosser, Ed.D., Ron Savage Ed.D. and Marilyn Lash M.S.W.	Special Education IEP Checklist for a Student with a Brain Injury	Brain injury information for schools has IEP checklist for physical, behavioral, cognitive, communicative, social, and emotional needs. Gives teaching methods and classroom accommodations.
Sharon Grandinette	Brain Injury, ADHD, LD	Tips and information for teachers and schools explains similarities and differences between students with brain injury, attention deficit hyperactivity disorder and learning disability.

Author	Title	Description
Tip Cards (12) Learning and School [... continued]		
Janet Tyler Ph.D, Jean Blosser Ed.D. and Roberta DePompei Ph.D.	Concussion in Children	Brain injury tip card for schools has teaching strategies for students with brain injuries to improve attention, concentration, memory, organization and following directions.
Erika Rossi, Pam Fleming, Leanne Pompeo & Ron Savage	Therapies in School for Students with Brain Injuries	ABI Tip Card for schools. Explains how PT, OT, and SLP work with educators and students with brain injuries.
Marilyn Lash M.S.W. and Ron Savage Ed.D.	Neuropsychology and School	BI tip card for schools. Explains how a neuropsychologist evaluates changes in a student's learning and behavior after a brain injury and shows how to refer a child.
Nina Marchese, Andrea Potoczny-Gray and Ron Savage Ed.D	Behavior after Brain Injury Changes and Challenges	Information for schools and teachers on effects of brain injury on behavior in children and students at home and in school.
Ron Savage Ed.D., Roberta DePompei Ph.D., Stephen Bruce and Marilyn Lash M.S.W.	Managing Behaviors after Brain Injury in School	Information and tips for parents and educators on behavior changes in children and students with acquired brain injury. Gives guidelines and strategies for changing behavior in students with TBI. Explains functional analysis of behavior.
Linda Robinson	Talking with Parents when a Student has a Brain Injury	Brain injury tip card for schools helps educators and teachers communicate with parents. Describes perspectives, needs and priorities of parents after their child has a brain injury.
Janet Tyler, Ph.D., Linda Wilkerson, M.S.Ed., and Roberta DePompei, Ph.D.	Planning In-School Transitions for a Student with a Brain Injury	Why students and children have difficult transitions when changing teachers, subjects, schools and rooms after TBI. Tips for teachers and parents on planning for changes in advance, preparing the student, and using compensatory strategies and supports at home and in the classroom.
Ron Savage, Ed.D.	High School to Adulthood Transition Planning after Brain Injury	For educators and parents with information for planning a student's transition to adulthood after TBI and choices for training, education, and community integration.

Author	Title	Description
Tip Cards (7) Adolescents and Young Adults		
Robyn Littleford and Nancy Anderson	Helping Teens after Brain Injury	Effects of brain injury on social development in adolescents and challenges for independence. Discusses how friendships among teenagers change. Tips for parents and educators to help teens avoid risky behaviors and stay safe.
Jeanne Dise-Lewis, Ph.D.	Social Skills in Teenagers after Brain Injury	Tip card explains changes in social skills seen in children and adolescents after TBI. Gives tips to help parents and educators teach social skills at home and in school.
Michael P. Mozzoni, Ph.D./BCBA Marilyn Lash, M.S.W.	Undiagnosed Brain Injuries in Youths and Adults	Signs and symptoms of TBI and concussion, in youths and adults, often missed or overlooked. Checklists for identifying physical, cognitive, behavioral and social changes that may indicate a possible undiagnosed brain injury or concussion.
Kenneth Kolpan, Esq. Carolyn Rocchi, Parent Marilyn Lash, M.S.W.	Legal Issues when Teenagers Become Adults after Brain Injury	When changes in judgment, memory or communication may require legal guidance or protection when a child with TBI becomes an adult.
John D. Corrigan, Ph.D. Roberta DePompei, Ph.D.	Substance Abuse Prevention and Treatment after Brain Injury	Discusses risks of alcohol and drug use after head injury in adolescents and adults. Identifies signs of substance abuse and prevention.
David Strauss, Ph.D.	Sexuality after a Person has a Brain Injury	Corrects myths about sexuality among adults with disabilities and brain injuries. Gives strategies for families and caregivers on how to respond to sexual behaviors, disinhibition and changes in judgment and social skills.
Jane E.B. Goodwin, M.A., CCC-SLP Linda E. Larson, M.A., CCC-SLP	Going to College	Educators and counselors help students with TBI: federal laws for disabilities, how to negotiate accommodations in college.

TROOPS AND VETERANS TOOL KIT

On Blast Injury, Traumatic Brain Injury, Concussion & PTSD

Lash & Associates Publishing/Training Inc.

These very informative books explain the various effects of TBI, blast injuries, concussions, and PTSD to Service Members and their spouses, children, and caregivers. Brain injury rehabilitation specialists may also use this information as a guide when working with the general population with brain injuries. The final entry is definitely a valuable workbook to be used by anyone suffering from PTSD from any cause.

Explaining Brain Injury, Blast Injury and PTSD to Children and Teens (2008)

Authors: Marilyn Lash, MSW. Over 35 years of experience working with persons with disabilities and their families.

Janelle Breese Biagioni. Author, international speaker and advocate for families. Her husband sustained a severe TBI while serving in the Mounted Police in Canada. As his primary caregiver and parent of their two children, she understands the stresses and challenges related to those issues. Her experiences lead her to earn a Certificate in Death and Grief Studies as well as author a new book, *Extraordinary Mourning: Healing for a Broken Heart*.

Tonya Hellard. Office Manager and Copy Editor at Lash & Associates. She is experienced in researching and identifying issues on parenting and effects of PTSD.

This book includes (1) Helping Children when a Parent is in Coma and in the Hospital (2) Giving Emotional Support to Your Children (3) Understanding a Parent's Brain Injury (4) Having a Parent with PTSD (5) Helping Siblings Adjust at Home (6) Dealing with Friends and School and (7) Moving On.

Brain Injury: It is a Journey. A practical guide for families (2006)

Authors: Flora Hammond, MD. Tami Guerrier, CTRS. Lisa Glaze Hunt, OTR/L
Peggy Philbrick, Family Member. Cathy Lees, MHA, MS, OTR/L. Sally Rickard, CTRS.

This book begins with Understanding the Brain and the many types of brain injury and then moves on to Understanding Brain Injury Rehabilitation. Simple and to the point. The next chapter addresses Changes Commonly Seen Following a Brain Injury. Looking Ahead provides information about (1) BI and family dynamics (2) Intimacy and Sexuality after BI (3) Seizures Following BI (4) the Effects of Alcohol and Drugs after BI (5) Returning to School and (6) Returning to Work Following a BI. Two Appendices include the new Rancho Scale with 15 Levels of Cognitive Functioning and Glossary of Terms about TBI.

Healing Together: A Couple's Guide to Coping with Trauma & Post-Traumatic Stress (2008)

Authors: Suzanne B. Phillips, Psy.D. D., ABPP. Diane Kane, DSW

This book addresses all kinds of trauma: sudden loss of a child, devastation of your home from natural disaster, military deployment, serious illness, etc. It is a couple's guide for recovering from trauma. The goal of the book is to recover and reconnect. For example, Dancing in the Dark addresses Reclaiming Sexual Intimacy. Others include dealing with anger, changes in sleep patterns, avoidance behaviors and memories, dreams, and secrets. Good book.

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Understanding the Effects of Concussion, Blast & Brain Injuries: A Guide for Families, Veterans, Service Members and Caregivers (2008)

Multiple Authors

Marilyn Lash, MSW introduces the purpose of this guide with a brief picture of what a service member faces when in a war zone. The focus then turns to the service member with TBI and the consequences of that injury. Coming home is the next step. FAQ's about TBI ends the introductory section. The remaining sections include (1) Articles on Helping Families (2) Articles on Concussion and Trauma (3) Articles on Medication (4) Articles on Behavior and Cognition (5) Articles on Life in the Community and (6) Articles on College and Working. Authors include many respected experts in the field of neurological rehabilitation. These include but are not limited to Ron Savage, Ed.D, Bill Frey, Ph.D., Nathan Zasler, M.D., Roberta DePompei, Ph.D., Peter Patrick, M.S., Ph.D., Harvey Jacobs, Ph.D., Jeffrey X. Kreutzer, Ph.D., Mary Hibbard, Ph.D., and Stephanie Kolakowsky-Hayner, M.A.

Down Range to Iraq and Back (2005); Once A Warrior: Wired for Life (2007)

Authors: Bridget C. Cantrell, Ph.D. and Chuck Dean

Both books address the combat experiences that come home with each veteran. Dr. Cantrell grew up observing her father's struggle with PTSD after WWII and Korea. She also saw her father's determination to gain insight into his behavior and to develop more adaptive ways of dealing with anger and stress reactions. She went on to devote a clinical practice to help veterans and their families understand the dynamics and effects of trauma reactions. Chaplain Chuck Dean had his own personal experience with PTSD and has joined Dr. Cantrell in providing insight into this subject. These books are timely. Information is taken right out of their experience with veterans returning from the Middle East.

Subjects in *Down Range* include the (1) invisible wounds of PTSD (2) first aide for PTSD (3) war is shared with many (4) home is different than "down range" (5) going from one world to another (6) home, but not really (7) nightmares, sleep disturbance (8) guilt (9) emotional perimeters (10) vet-to-vet (11) preparing to reunite with loved ones and (12) self-care for leaders: tools to help to troops.

Subjects discussed in *Once A Warrior* include (1) firefights and firewalls (2) wired for life (3) adrenaline (4) happy to be home....but I miss the action (5) job lost in translation (6) making it happen (7) rifle to relationship and (8) partners on the home front.

The PTSD WorkBook: Simple, Effective Techniques for Overcoming Traumatic Stress Symptoms (2002)

Authors: Mary Beth Williams, Ph.D., LCSW, CTS treats trauma survivors and teaches crisis intervention. Soili Poijula, Ph.D. is a clinical psychologist and licensed psychotherapist at the Center for Trauma Psychology in Finland.

This is the ultimate PTSD self-help workbook for anyone who suffers from PTSD..."the gift that keeps on giving." The workbook was first conceptualized with initial writing before 9-11-01. Suddenly, life was never the same for thousands of families and friends of those families; for thousands and thousands of rescue workers, crisis debriefers, firefighters, law enforcement officers, EMT's, military personnel; and the American Nation as a whole. The workbook subsequently had the added meaning of time-appropriateness.

Contents include (1) A Look at Trauma: Simple and Complex (2) Before Doing the Work: Safety, Security, and Intention (3) Identifying and Writing about What Has Happened to You (4) Helping Yourself When You Re-experience a Trauma (5) Coping with Trauma with Less Avoidance and Denial (6) The Physical Side of PTSD (7) Dealing with Associated Symptoms of PTSD. Complex PTSD categories (1) Difficulty Regulating Emotion (2) Alterations in Attention or Consciousness: Dealing with Dissociation and Traumatic Amnesia, (3) Somatization: How Trauma Impacts Your Body, (4) How Trauma Impacts the Way You View Yourself, (5) Dealing with Your Perpetrators, (6) Alterations in Your Relationships with Others and (7) Final Meaning. Final Thoughts and Exercises conclude the workbook with a Complex PTSD Questionnaire for Trauma Survivors and Resources.