

CNS Compendium of Resources

Category	Agency	Contact	Description
Care Services	TLC Attendant Care Inc.	2801 Ocean Park Blvd., #192 Santa Monica, CA 90405 310-399-2904 http://www.tlcacr.com/	Attendant Care providing professional attendants, specially trained in issues of aging. HHA's, Certified Nurses Aids and caregivers. Experienced and caring professionals, able to speak clear English. Attendants are thoroughly screened and very familiar with the Westside. Licensed, bonded, insured and in business since 1997. Rated AAA by the BBB.
	Family Caregiver Alliance	https://www.caregiver.org/	FCA's work intersects three key areas: caregiver services, policy and research. But across all agency programs, the services and products developed and delivered are based on real needs of real caregivers - those families we hear from and work with every day.
	RESCUE	http://www.cidrr8.research.va.gov/rescue/	Resources and Education for Stroke Caregivers' Understanding and Empowerment (RESCUE). Web based informational materials for caregivers of veterans post stroke.
	WISE Caregiver Training Academy	1527 4 th Street, 2 nd Floor Santa Monica, CA 90401 310-394-9871, x264 http://wiseandhealthyaging.org/caregiver-training-academy	In collaboration with the Schmieding Center on Senior Health and Education, WISE & Healthy Aging has created its Caregiver Training Academy designed specifically for home care, built around a tiered curriculum that is customized for family and direct-care (paid) providers, which includes a micro-lending fund to assist financially challenged participants. WISE & Healthy Aging's Caregiver Training Academy addresses the growing workforce shortage and inadequate training of direct care workers who assist older adults to remain in their homes and avoid nursing home admissions.
	Caregiver Resource Center Orange County	130 W. Bastanchury Rd, Fullerton, CA 92835 800.543.8312 714.446.5030 http://www.caregiveroc.org/	Orange County agency focusing on the needs of caregivers for individuals with chronic illness/disability. Services include family consultation, assessment, care planning, counseling, referrals for resources, psycho-educational seminars, respite planning and community education. We are a not-for-profit organization therefore our services are FREE to family caregivers.
	Grandma's House of Hope	1505 E. 17th St., Suite 116 Santa Ana, CA 92705 Administrative Office Phone: (714) 558-8600 Fax: (714) 558-8613 http://www.grandmashouseofhope.org	Grandma's House of Hope (GHH) is a 501(c)(3) non-profit charity that aims to empower the invisible populations of Orange County. Based in Orange County, we provide basic needs and enrichment services to women, children, and families living in extreme poverty and facing seemingly insurmountable barriers
	California Department of Aging	1300 National Drive #200, Sacramento, CA 95834 916-419-7500 www.aging.ca.gov	The California Department of Aging (CDA) administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State.

		LA County: 213-738-4004 Kern County: 661-868-1000 San Francisco Co.: 415-355-3555 Alameda Co.: 510-577-1900	
	Southern Caregiver Resource Center	3675 Ruffin Rd # 230, San Diego, CA 92123 858-262-4432 or 800-827-1008 http://caregivercenter.org/	Help is free and services include: Specialized Information, Family Consultation/Case Management, Respite Care, Short-Term Counseling, Support Groups, Legal/Financial Consultation, and Education and Training. Support Groups for Caregivers include General Caregiver Support Groups with a special focus on Adult Child as Caregiver, and Huntington's disease and Multiple Sclerosis Caregiver support groups. 858-262-4432 or 800-827-1008
	Interim Health Care	http://www.interimhealthcare.com/ Interim HealthCare of Bakersfield: 4801 Truxtun Avenue, Bakersfield, CA. 93309 661-395-1700 Fresno: 1843 E Fir Ave #101 93720 (559) 224-0560 Santa Monica: 1505 4th St #206 90401 (424) 322-7262 La Verne 2120 Foothill Blvd #213 91750 (909) 435-4663 Westlake Village 5716 Corsa Ave, Westlake Village, CA 91362 (818) 674-4544 Pasadena 140 S Lake Ave #254 91101 (626) 219-6348 San Jose 1762 Technology Dr #211, San Jose, CA 95110 (408) 292-5680 Santa Rosa 2200 Range Ave #102, Santa Rosa, CA 95403 Phone:(707) 200-2260 East Bay 1717 North California Blvd. Suite 3A, Walnut Creek, California 94596	Agency providing a variety of home health care support services for elderly and/or disabled individuals and their families, including skilled and non-skilled in-home care and respite care

		(925)-944-5779	
In-Home Supportive Services	http://www.cdss.ca.gov/agedblinddisabled/pg1296.htm Kern County: http://www.co.kern.ca.us/aas/ihssprogram.aspx#.V_fN5GcVARZ Los Angeles County: http://dpss.lacounty.gov/wps/portal/dpss/main/programs-and-services/in-home-supportive-services/ Orange County: http://ssa.ocgov.com/elder/ihss/ Alameda County: http://www.alamedasocialservices.org/public/services/elders_and_disabled_adults/in_home_Supportive_services.cfm San Francisco County http://www.sfhsa.org/137.htm	<p>The IHSS Program will help pay for services provided to you so that you can remain safely in your own home. To be eligible, you must be over 65 years of age, or disabled, or blind. Disabled children are also potentially eligible for IHSS. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities.</p> <p>The types of services which can be authorized through IHSS are housecleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, grooming and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired.</p>	
Family Caregiver Alliance	180 Montgomery St. Suite 900 San Francisco, CA 94104 Phone: (415) 434-3388 and (800) 445-8106 infor@caregiver.org www.caregiver.org	Caregiver support and information about ABI	
Accredited Home Health Services	5955 De Soto Ave # 160, Woodland Hills, CA 91367 (818) 986-1234 http://www.accreditednursing.com	<ul style="list-style-type: none"> • Skilled Nursing: RNs & LVNs provide patient self-care education, wound care, injections, catheter & ostomy care • High Tech Nursing: Administration of IV drug therapy, enterostomal nursing (advanced wound care) • Physical Therapists: Provide pain management, instruction on home exercise & daily living activities, hot/cold & massage therapies • Occupational Therapists: Assist home care patients in restoring functional independence & self care • Speech Therapists: Assist patients in restoring communication, evaluate swallowing disorders, evaluate & treat speech and language disorders • Medical Social Workers: Perform home assessments to identify social, emotional, and financial concerns of family and patient • Certified Home Health Aides: Assist patients with grooming, personal hygiene, toileting, provide companionship and assist with other daily living activities 	

	East Bay Innovations	http://www.eastbayinnovations.org/	<ul style="list-style-type: none"> "Established in 1994, East Bay Innovations (EBI) is a private non-profit organization providing services to people throughout Alameda County. East Bay Innovations offers a variety of services to help persons with disabilities live and work independently in their communities."
Schools	Coastline Community College – Acquired Brain Injury Program	Newport Beach Campus 1515 Monrovia, Newport Beach, CA 92663 714-241-6214 http://www.coastline.edu/students/students-with-disabilities/acquired-brain-injury/	<p>Admission Criteria Complete Application, Neuro Educational Assessment completed by Coastline Staff, must have documented BI but not a progressive disease, signed by a physician, consistently refrain from behavior which denies personal right of others</p> <p>Program Focus Structured Cognitive Retraining, Career Development, Compensatory Strategies for verbal skills, memory, attention, critical thinking, attention and organization, Adaptive technology</p> <p>Program Duration One year, M-TH 4 hours per day</p> <p>Fees \$46 per unit for a one year program <ul style="list-style-type: none"> o \$292 Fall Semester (16 weeks) o \$292 Second Semester (16 weeks) o \$108 Summer Session (5 weeks) Community College Registration Fees Apply Books and Materials Fee may apply</p>
	Santa Monica College ABI Program	Santa Monica College – Main Campus (Assessment) 1900 Pico Blvd., Santa Monica, CA 90405 Sandi Burnett 310-434-4442, burnett_sandra@smc.edu www.smc.edu/DisabilityResources/	<p>Admission Criteria Complete Application, assessment by Sandi Burnett, must have been at least 13 years of age at the time of the TBI, must have documented BI but not a progressive disease, signed by a physician, no substance abuse, consistently refrain from behavior which denies personal right of others</p> <p>Program # 1 – Non-Credit Community Living Skills, Personal Development, Life Skills, Explore Community Resources, Cognitive Stim Exercises</p> <p>Program # 2 – For Credit Problem Solving for ABI, Orientation to Higher Education, Physical Education, Independent Living Skills, Adaptive Equipment Training, Career Planning, Mainstream Academics or Vocational Services, *special accommodations for note taking and testing</p>

			<p>Program Duration Ongoing for non credit course and contingent upon re-assessment and need. For credit courses follow general semester schedule.</p> <p>Fees Non-credit – no cost For Credit - \$46 per unit For Credit - \$19 per semester mandatory health fee (even if student has private insurance) Book and materials fees may apply</p>
San Diego Mesa Community College ABI Program	<p>Main Campus: 7250 Mesa College Dr., San Diego, CA 92111-4988 *3 satellite locations for ABI Program Brandi Behringer, Counselor 619-388-1952</p> <p>http://www.sdmesa.edu/student-services/disability-services/eligibility.shtml</p>	<p>Admission Criteria Complete Application, assessment completed by staff, must have documented BI but not a progressive disease, signed by a physician, consistently refrain from behavior which denies personal right of others</p> <p>3 Program Types 1 location - lower functioning students 2 locations – higher functioning students</p> <p>Program Focus Cognitive Retraining, Personal Awareness, Language, Memory, Adaptive technology, PE – swimming, yoga</p> <p>Program Duration On-going if student is demonstrating progress</p> <p>Fees No cost until student transitions to mainstream classes \$46 per unit for a one year program If for credit - Community College Registration Fees Apply Book and materials fees may apply</p>	
Saddleback College	<p>Disabled Students Programs and Services Main Campus: 28000 Marguerite Parkway Mission Viejo, California 92692 (949) 582-4500 http://www.saddleback.edu/dsps/</p>	<p>"The Special Services (DSPS) program provides support services, specialized instruction, and authorizes educational accommodations for students with disabilities so that they can participate fully and benefit equitably in their college experience."</p>	
Santa Ana College	<p>Acquired Brain Impairment (ABI) and Communications Disabilities Program 1530 W. 17th Street, Santa Ana, CA 92706-3398 (714) 564-6280 http://www.sac.edu/StudentServices/DSPS/Pages/Acquired-Brain-Injury-Program.aspx</p>	<p>"Students with speech, hearing, language, and medically verifiable brain impairments may receive assistance with program planning, registration, assessment, individual, small group or computer assisted instruction."</p>	

	Mt. San Antonio College	1100 N. Grand Ave., Walnut, CA 91789 Acquired Brain Injury Program: Christine Tunstall Phone: (909) 274-5649 Email: ctunstall@mtsac.edu http://faculty.mtsac.edu/ctunstall/abi_program/index.html	Provides academic supports and services for students who experienced a brain injury event after the age of 12 and who meet other eligibility criteria through the Disabled Students Programs and Services
	Rio Hondo College	Disabled Students Programs and Services 3600 Workman Mill Road Whittier, CA 90601 Phone (562) 908-3420	"DSP&S offers support services for students who have disabilities. Resource rooms and specialized staff are available to assist students who have Americans with Disabilities Act (ADA) verifiable disabilities. Program components include services for people who have learning disabilities or who are physically, psychologically, visually or hearing impaired. The program also serves individuals who have acquired brain injuries, developmental delays and other types of disabilities that cause educational limitations requiring academic accommodations."
	Bakersfield College Disabled Students Programs and Services (DSPS)	1801 Panorama Drive, Bakersfield, CA 93305 Email: Shannon Mendrin shannon.mendrin@bakersfieldcollege.edu Phone: (661) 395-4334 www.bakersfieldcollege.edu/student/dsps	<p>Qualification for DSPS Program:</p> <ul style="list-style-type: none"> • Be enrolled at Bakersfield College; • Have a verifiable disability; • Have an educational limitation that prevents you from fully benefiting from classes, activities, or services offered to non-disabled students; • Need specialized services or instruction in order to mitigate these disability-related educational limitations
	City College of San Francisco Disabled Students Programs and Services (DSPS)	50 Phelan Ave. San Francisco, CA 94112 (415)-239-3000 www.ccsf.edu/dsps .	"There are thousands of people with disabilities at City College of San Francisco. They are students, faculty, and staff. Their disabilities include impairments in mobility, vision, hearing, and speech; and less obvious problems such as learning disabilities, psychological disorders, and developmental disabilities. <u>There are also individuals who experience other functional limitations as a result of an acquired brain impairment</u> or other health problems such as arthritis, diabetes, seizures, cardiac disorders, and so on. The overall mission of DSPS is to provide exemplary instruction, support services and access to students with disabilities. DSPS will support students with disabilities in educationally related activities consistent with the mission and vision of CCSF and in compliance with federal and state laws."
	College of Alameda Acquired Brain Injury/Cognitive Rehabilitation Program	College of Alameda Disabled Student Services Program (DSPS) Acquired Brain Injury/Cognitive Rehabilitation Program 555 Ralph Appezato Memorial Parkway, Alameda, CA 94501 510-748-2328 http://alameda.peralta.edu/dsps/	The Cognitive Rehabilitation Program offers therapeutic classes designed to improve the cognitive skills and functioning of people with brain injuries and/or learning disabilities.
	Merritt College	Disability Services Program 12500 Campus Drive, Oakland, CA 94619	Academic and accessibility services and accommodations for students with disabilities

		Frances Moy DSP Coordinator/Counselor fmoy@peralta.edu 510-436-2519 http://www.merritt.edu/wp/dsp/	
	Diablo Valley College	Disability Support Services 321 Golf Club Road Pleasant Hill, CA 94523 Phone: (925) 685-1230 http://www.dvc.edu/dss/	"DSS is a program that is designed to ensure that students with disabilities have equal access to all of the educational offerings at Diablo Valley College."
	Cal State University East-Bay Center for Communicative Disorders, Speech, Language and Hearing Clinic	Speech, Language and Hearing Clinic Aphasia Treatment Program 25800 Carlos Bee Boulevard Hayward, CA 94542 (510) 885-3241 http://www.csueastbay.edu/class/departments/commsci/clinic/atp.html	Group treatment programs for persons with aphasia offered through the School of Communicative Sciences and Disorders at CSUEB
	Los Medanos College	Disabled Students Programs & Services (DSPS) 2700 E. Leland Rd Pittsburg, CA 94565 (925) 473-7471	"...provides specialized classes and support services to students with disabilities to allow them to fully participate in and benefit from courses at the college. Classes include reading, writing, spelling, arithmetic and computer skills. Services and accommodations include, but are not limited to, priority registration, alternative testing, adaptive computer technology, sign language interpreters, textbooks recorded onto an audio file and Braille."
	The Aphasia Center of California	Mailing Address: 3996 Lyman Road, Oakland, CA 94602 Phone: 510-336-0112	"The Aphasia Center of California provides high quality, holistic, cutting-edge treatment programs that enhance communication skills, quality of life, and overall well-being for those affected by aphasia."
	All State Colleges		<p>Health Services Fee \$19 Mandatory for all students Services: general health needs; including birth control 8 one hour counseling sessions per semester</p> <ul style="list-style-type: none"> ○ Must be evaluated for need ○ May be given an intern but some colleges provide Psychologist <p>Disabled Students Programs & Services "DSPS" Criteria to Qualify for DSPS Programs</p> <ul style="list-style-type: none"> ○ Documentation from a physician stating that you have a disability ○ You do not have to be identified by State Disability, SSI <p>Program Benefits: Adaptive Technology, Alternative Media, Career Counseling, Agency and Campus Services, Note taking assistance, Additional time needed to take exams, Interactive Computer Program help for remedial math and reading skills, Self Advocacy, no additional tuition cost to qualified students</p>

			<p>Financial Aide Scholarships, and Aide available on a case by case basis and must be applied for</p>
Financial/ Housing	State Disability Insurance (SDI)	State of California, Employment Development Department Website: http://www.edd.ca.gov/disability/ Telephone No.: 1-800-480-3287	Workers who suffer a loss of wages when they are unable to work due to a non-work-related illness or injury, pregnancy, or childbirth, may be eligible for DI benefits. The Employment Development Department (EDD) calculates your weekly benefit amount using a base period. This base period covers 12 months and is divided into four consecutive quarters of three months each. The wages you were paid approximately 5 to 18 months before the disability claim begins are included in the base period (they must have been subject to the State Disability Insurance [SDI] tax). Your base period does not include wages paid at the time your disability begins.
	Social Security Disability Ins (SSDI) Supplemental Security Insurance (SSI)	Social Security Website: http://www.ssa.gov/disability/ Telephone No.: 1-800-772-1213	SSDI pays benefits to you and certain members of your family if you are “insured,” meaning that you worked long enough and paid Social Security taxes. The definition of disability under Social Security is different than other programs. Social Security pays only for total disability. No benefits are payable for partial disability or for short-term disability. “Disability” under Social Security is based on your inability to work. You are considered disabled under Social Security rules if 1) You cannot do work that you did before; 2) Social Security decides that you cannot adjust to other work because of your medical condition(s); and 3) your disability has lasted or is expected to last for at least one year or to result in death. SSI pays benefits based on financial need
	Victim Compensation Program (CalVCP)	State of California Website: http://vcqcb.ca.gov/victims/ Telephone No.: 1-800-777-9229	The California Victim Compensation Program (CalVCP) can help pay bills and expenses that result from certain violent crimes. Victims of crime who have been injured or have been threatened with injury may be eligible for help.
	Variety, The Children’s Charity	5757 Wilshire Blvd., Ste 445 Los Angeles, CA 90038 Website: http://www.usvariety.org/ Email: Erica@usvariety.org Phone: 323-954-0820 Fax: 323-954-8630 Contact: Erica Lopez, Communications Coordinator	Variety aids children with physical challenges whose families cannot afford, nor obtain through insurance, necessary mobility equipment such as wheelchairs, walkers, strollers, specially-designed adaptive bikes, and other mobility devices.
	Need Help Paying Bills	Alameda County: http://www.needhelppayingbills.com/html/alameda_county_assistance_prog.html Contra Costa County: http://www.needhelppayingbills.com/html/contra_costa_county_assistance.html	Information on assistance programs, charity organizations, and other resources for help with paying bills, mortgage and debt expenses with links to specific California city and county programs

		<p>Kern County: http://www.needhelppayingbills.com/html/kern_county_assistance_program.html Los Angeles County: http://www.needhelppayingbills.com/html/los_angeles_assistance_program.html Orange County: http://www.needhelppayingbills.com/html/orange_county_assistance_progr.html San Francisco: http://www.needhelppayingbills.com/html/san_francisco_assistance_progr.html</p>	
	Section 8	<p>U.S. Department of Housing and Urban Development (HUD) Website: http://portal.hud.gov To apply online: http://www.sectioneightapplication.com/</p>	<p>The Housing Choice Voucher Program is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants are able to find their own housing, including single-family homes, townhouses and apartments. The participant is free to choose any housing that meets the requirements of the program and is not limited to units located in subsidized housing projects. Housing choice vouchers are administered locally by public housing agencies (PHAs). The PHAs receive federal funds from the U.S. Department of Housing and Urban Development (HUD) to administer the voucher program.</p> <p>Eligibility for a housing voucher is determined by the PHA based on the total annual gross income and family size and is limited to US citizens and specified categories of non-citizens who have eligible immigration status. In general, the family's income may not exceed 50% of the median income for the county or metropolitan area in which the family chooses to live. By law, a PHA must provide 75 percent of its voucher to applicants whose incomes do not exceed 30 percent of the area median income. Median income levels are published by HUD and vary by location. The PHA serving your community can provide you with the income limits for your area and family size.</p>
	Housing Authorities	<p>Housing Authority of the County of Kern 601 24th Street Bakersfield, California 93301 Telephone No.: 1-661-631-8500 Website: http://kernha.org/wp/affordable-housing/how-to-apply/</p>	<p>The Low Income Public Housing (LIPH) is a federally-funded program designed for low-income families and individuals. Rents are based on thirty percent (30%) of the tenants' monthly net adjusted income. Under the LIPH Program families and individuals are placed in developments that are owned and operated by the Housing Authority of the County of Kern.</p>
	Food Stamps	State of California, Department of Social Services	The CalFresh Program, federally known as the Supplemental Nutrition Assistance

	(CalFresh)	Website: http://www.dss.cahwnet.gov/foodstamps/ Telephone No.: 1-877-847-3663 To apply online: http://www.benefitscal.com	<p>Program (SNAP), can add to your food budget to put healthy and nutritious food on the table. The program issues monthly electronic benefits that can be used to buy most foods at many markets and food stores.</p> <p>The CalFresh Program helps to improve the health and well-being of qualified households and individuals by providing them a means to meet their nutritional needs.</p> <p>Eligibility is based on citizenship/immigration status and income status.</p>
	WIC (Special Supplemental Nutritional Program for Women, Infants, and Children)	United States Department of Agriculture, Food and Nutrition Service Website: http://wic.fns.usda.gov/wps/pages/start.jsf Telephone No.: 1-888-942-9675	<p>The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.</p> <p>The WIC Prescreening Tool can be used to determine if you may be eligible for WIC benefits. This Prescreening Tool is not an application for WIC. To apply for WIC benefits, you must make an appointment at your WIC local agency.</p> <p>This Prescreening Tool might ask you to enter the amounts of your household's earned (wages, tips, etc.) and unearned income (child support, unemployment benefits, SSI, etc.). Before you begin, you may want to gather this information.</p>
	Discounted/Free Services		
	- Internet	http://www.cheapinternet.com	
	- Cell Phone	http://www.freegovernmentcellphones.net/states/california-government-cell-phone-providers	
	Community Connection for Childcare	http://kern.org/cccc/child-care-payment-assistance/	Community Connection for Child Care (CCCC) is a child development and family services agency dedicated to providing options, education and support to children, families, child development professionals and the community.
	Headstart	http://www.capk.org/index.cfm/fuseaction/pages.page/id/690	
	KC Department of Human Services	http://www.c4yourself.com	

	City of Los Angeles Department on Aging - Handyworker Program	(213) 808-8803 (213) 978-3231 (TDD) (866) 557-7368 (Toll-free)	Free minor home repairs and safety devices.
	Los Angeles County Information Services Homeless Families Solutions Systems	Dial 211 https://www.211la.org	The Homeless Families Solutions System (HFSS) provides temporary and permanent housing placement to homeless and at-risk families throughout Los Angeles County.
	Los Angeles Homeless Services Authority - Year Round Shelter Program	(800) 548-6047 (800) 660-4026 (TDD) http://www.lahsa.org	
Legal Services	Conservatorship	California Courts The Judicial Branch of California Website: http://www.courts.ca.gov/selfhelp-conservatorship.htm	A "conservatorship" is a court case where a judge appoints a responsible person or organization (called the "conservator") to care for another adult (called the "conservatee") who cannot care for himself or herself or manage his or her own finances. This website provides information on the types of conservators, the duties of the conservator, as well as alternatives to conservatorship.
	Advanced Directive (AHCD)	State of California Department of Justice Office of the Attorney General Website: https://oag.ca.gov/consumers/general/care This website provides a checklist for preparing an AHCD and provides information resources	An "advance health care directive" lets your physician, family and friends know your health care preferences, including the types of special treatment you want or don't want at the end of life, your desire for diagnostic testing, surgical procedures, cardiopulmonary resuscitation and organ donation. By considering your options early, you can ensure the quality of life that is important to you and avoid having your family "guess" your wishes or having to make critical medical care decisions for you under stress or in emotional turmoil.
	Legal Aid/Wills and Trusts	California Bar Association www.calbar.ca.gov/Public/LegalInformation/AboutWills.aspx	Free publications on wills, trusts and estates
	Legal Aid Wills/Trusts/ Power of Attorney	LawHelpCa http://lawhelpca.org	LawHelpCa is California's official and free legal resource. This website provides reliable information about common legal issues, written by reputable sources on 16 general topics and over 140 specific subtopics. It provides a directory of legitimate and pre-screened organizations that can provide legal help. This website provides fact sheets on a variety of topics including Advance Health Care Directives, Disability Compensation Benefits, Housing Choice Vouchers, etc.
	Legal Aid/Wills and Trusts	A People's Choice 800-747-2780 www.apeopleschoice.com/	Low-cost, self-help legal document assistance in California for divorce , family law matters , probate , estate planning , stepparent & adult adoption , bankruptcy , civil litigation , guardianship , conservatorship , incorporation and other types of legal form preparation and filing services for all California courts.

	Legal Aid (General)	California Pro Bono www.californiaprobono.org/	Referral database of free and low-cost legal services in California, as well as a library of legal self-help resources
	Legal Aid	Bet Tzedek Main Office: 3250 Wilshire Blvd., 13th Floor Los Angeles, CA 90010 Phone: (323) 939-0506 Fax: (213) 471-4568 http://www.bettzedek.org/	"For the past 40 years, Bet Tzedek has provided free, comprehensive legal services for low-income individuals and families in Los Angeles. Bet Tzedek provides assistance to all eligible needy residents throughout Los Angeles County, regardless of their racial, religious, or ethnic background."
	Legal Aid Society of Orange County	MAIN OFFICE 2101 N. Tustin Ave. Santa Ana, CA 92705 Toll Free: (800) 834-5001 Local: (714) 571-5200 http://www.legal-aid.com/	"The mission of Legal Aid Society of Orange County and Community Legal Services of southeast Los Angeles County is to provide civil legal services to seniors and low-income individuals and to promote equal access to the justice system through advocacy, legal counseling, innovative self-help services, in-depth legal representation, economic development and community education."
	Head Injury Law	Oakland, CA Phone: (510) 381-8243 Email: hyman@headinjurylaw.com www.headinjurylaw.com	Legal assistance for TBI patients
	Disability Rights Education and Defense Fund	3075 Adeline, Suite 210 Berkeley, CA 94710 Phone: (510) 841-3224 Email: info@dredf.org www.dredf.org	Legal aid and advocacy for people with disabilities
	Greater Bakersfield Legal Assistance	615 California Ave. Bakersfield, California 661.325.5943 http://www.gbla.org/	"Offers free legal services in civil matters to eligible low-income persons residing within our service area in Kern County."
Insurance	Covered California	Website: http://www.coveredca.com Telephone No.: 1-800-300-1506	Learn the basics: why it's important to be insured, which services are covered, who is eligible for financial assistance and how to apply. Learn what the Affordable Care Act means for specific populations of Californians such as veterans, students, immigrants, and those eligible for Medicare. Learn about Medi-Cal, free or low-cost health coverage for

			Californians with limited incomes.
	Medi-Cal	State of California Department of Health Care Services Website: https://www.medi-cal.ca.gov To apply online: http://www.benefitscal.com	Medi-Cal is California's Medicaid program. This is a public health insurance program that provides free or low cost medical services for adults and child with limited income and responses. Eligibility is based primarily on your income
	Medicare	Website: http://www.medicare.gov	This is the official government website for Medicare, which will provide you with information on eligibility, coverage choices, providers, and enrolling.
DME	Convalescent Aid Society	3255 E Foothill Blvd, Pasadena, CA 91107 (626) 793-1696 https://www.convalescentaidsociety.com/	The Convalescent Aid Society offers the free loan of <u>durable medical equipment</u> to residents throughout the entire San Gabriel Valley. The equipment may be borrowed for in-home use only. That means it cannot be used for residents of skilled nursing facilities, nursing homes, or convalescent homes because these facilities have their own equipment. You will be required to provide a current driver's license or some other government identification and complete a brief electronic application when you come into the office to pick up your medical equipment.
	The Durable Medical Equipment Aid Society	The DME 5827 Corbin Ave., Tarzana, CA 91356 818-298-9893 http://www.thedme.org/home	The mission of The Durable Medical Equipment Aid Society is "to provide in-home mobility and bath care durable medical equipment to individuals who lack the insurance or financial resources to secure mobility and bath care durable medical needed to assist in their daily living or in their recovery from an illness or injury".
	Confidence First Medical Supplies	316 E. Manchester Blvd., Inglewood, CA 90301 (310) 330-7636 www.confidencefms.com	Sells, rents and services home medical equipment. Home assessments and delivery available. Accepts Medicare, Medi-Cal, Blue Cross, Health Net, LA Care and most insurance
	Horton and Converse Pharmacy	11600 Wilshire Blvd, Los Angeles, CA 90025 (310) 478-0801 Fax: (310) 477-3509 Website: www.hortonandconverse.com	Prescriptions Immunizations Medical Equipment and Supplies Medicare Contract Supplies Ostomy Supplies Diabetic Supplies Compression Garments Walking Boot Walker Bathroom Safety Equipment Rental Walker Rental Wheelchair
	Repair and Re-Use	Independent Living Center of Kern County (ILCKC) 5251 Office Park Drive, Suite 200 Bakersfield, CA 93309 800-529-9541 http://ilcofkerncounty.org	The Repair and Re-Use Program of Independent Living Center of Kern County is a loan and recycle program that empowers people with disabilities by making wheelchairs and other assistive equipment available so that they can live independently. ILCKC collaborates with a local medical equipment company to repair and regenerate assistive technology items (such as wheelchairs, lifts, and walkers). Loaning equipment (indefinitely and without fees) helps fill the gap while people wait for repairs, payment programs, order equipment, etc.
	ReCARES	510-251-2273 – Oakland 415-487-5405 – San Francisco 415-388-8198 – Marin County http://www.homecares.org/	ReCARES is Collecting, Redistributing and encouraging Reuse. Three Bay Area sites collect and redistribute donations of clean, gently used medical equipment and unused home health care supplies each week. These are provided free of charge to those in need who visit our sites

	Liv-Ability Independent Living Consultants	762 Twin Peaks Street Simi Valley, CA 93065 (800) 936-6251	Home Safety Assessment, Durable Medical Equipment and Home Modifications
	Adaptive Clothing	1-800-458-0600 http://www.buckandbuck.com/	Online catalog for adaptive clothing to assist patients and caregivers with dressing needs
Healthcare Facilities/ Services	Kindred Hospital Los Angeles	5525 West Slauson Ave. Los Angeles, CA 90056 310-642-0325 www.kindredhospitalla.com	Kindred Transitional Care Hospitals specialize in the treatment and rehabilitation of the medically complex patient requiring extended care in a hospital setting. The majority of patients are admitted after a stay in a short-term hospital, often from intensive and step-down units
	Topanga Terrace	22125 Roscoe Blvd., Canoga Park, CA 91304-3839 818-883-7292 Fax 818-883-9903 http://www.topangaterrace.com/	Topanga Terrace Rehabilitation and Subacute is a 112 bed facility with a 5-star overall Quality of Care rating from the Center for Medicare and Medicaid Services. Specializes in rehabilitation, subacute, and skilled nursing care. Offers specialty programs for respiratory therapy, stroke rehab, and orthopedic surgery rehabilitation. Respiratory therapy program services patients with ventilator weaning and tracheostomy decannulation needs
	Referral Services	California Registry (800) 777-7575 www.calregistry.com A Place for Mom (310) 597-4061 bonnied@aplaceformom.com Concepts for Living (800) 414-4242 www.conceptsforliving.com Community Care Licensing Facility Search http://cclid.ca.gov/PG3581.htm	Agencies designed to help locate appropriate facility depending on the level of care needed.
Group Homes/ Assisted Living Board and Care Homes	California Department of Social Services Community Care Licensing	https://secure.dss.ca.gov/CareFacilitySearch/home/selecttype/	State-wide facility database for a variety of, residential care facilities licensed by Community Care Licensing through the Department of Social Services, including group homes, board and care and assisted living.
	Kern Healing Connections	Betty Mendez 661-319-0994 http://www.kernhealingconnections.com/	Directory of holistic practitioners and services in Kern County
Advocacy/ Support	Brain Injury Association of California (BIACAL)	3501 Mall View Rd., Suite 115 - Box 397 Bakersfield, CA 93306 Tel: (661) 872-4903 Fax: (661) 873-2508 http://biacal.org/	The Brain Injury Association of California (BIACAL) is a non-profit membership organization providing information, resources, education, advocacy and support for those affected by brain injury.

	Brain Injury Association of America (BIAA)	Headquarters: 1608 Spring Hill Rd., # 110 Vienna, VA 22182 703-761-0750 http://www.biausa.org/index.htm	The Brain Injury Association of America (BIAA) is the country's oldest and largest nationwide brain injury advocacy organization with a network of state affiliates, local chapters, and support groups for all people affected by brain injury.
	ClinicalTrials.gov	https://clinicaltrials.gov/	Listing of clinical research studies that are ongoing in the area of brain injury as well as other areas.
	Center for Brain Injury Research and Training	University of Oregon Center on Brain Injury Research and Training 1600 Millrace Dr, Suite 202 Eugene, OR 97403 541-346-0593 http://cbirt.org/	"CBIRT is a center under the Office of the Vice President for Research and Innovation at the University of Oregon. CBIRT conducts research and training to improve the lives of children and adults with traumatic brain injury (TBI). CBIRT's research focuses on developing interventions to improve outcomes related to education, employability, and quality of life. Our training activities promote the use of best practices among educators and other professionals who serve individuals with TBI."
	Pediatric Brain Injury Foundation	https://www.facebook.com/kidsbrain/	"The Pediatric Brain Injury Foundation's mission is to provide knowledge and support to families and caretakers of children with Brain injury, and advocate for those children. Primary focus is to educate parents and caretakers about Brain Injury and provide referral support to connect them with available services. Our secondary focus is to advocate for children who have survived a TBI as a result of abuse. While advocacy is focused on pediatrics with TBI, the resources and referrals provided by the Pediatric Brain Injury Foundation can be helpful for both adults and children with TBI and other disabilities."
	Brain Injury Research Center UCLA	http://neurosurgery.ucla.edu/brain-injury-research-center-birc	"The purpose of the UCLA Brain Injury Research Center (BIRC) is to maintain a comprehensive basic and clinical scientific program in the field of TBI emphasizing translational research to develop effective therapies for head injured patients."
	American Heart Association/American Stroke Association	800-242-8721 http://www.heart.org	The American Heart Association is a non-profit organization in the United States that fosters appropriate cardiac care in an effort to reduce disability and deaths caused by cardiovascular disease and stroke.
	Brainstorming 4 Us, Inc.	http://www.brainstorming4us.com/ Lisa – 760-946-2481	Brain injury support group, monthly meetings
	Regional Centers	State of California, Department of Developmental Services Regional Center Directory: http://www.dds.ca.gov/RC/RCList.cfm	Regional centers are nonprofit private corporations that contract with the Department of Developmental Services to provide or coordinate services and supports for individuals with developmental disabilities. They have offices throughout California to provide a local resource to help find and access the many services available to individuals and their families. While there are several developmental disability areas which may qualify an individual for services, an individual may be found eligible for such services if disabilities are a result of a brain injury occurring before the age of 18.
	Department of	State of California, Department of Rehabilitation	The California Department of Rehabilitation (DOR) is an employment and independent

	Rehabilitation	www.rehab.cahwnet.gov/index.asp	living resource for people with disabilities. Services menu: www.dor.ca.gov/Services-Menu.html
	California Advocates for Nursing Home Reform (CANHR)	www.canhr.org/LRS/TypesElderLawAttorneys/elder_law_attorneys_medical_estate_planning.html	Since 1983, California Advocates for Nursing Home Reform (CANHR), a statewide nonprofit 501(c)(3) advocacy organization, has been dedicated to improving the choices, care and quality of life for California's long term care consumers. Through direct advocacy, community education, legislation and litigation it has been CANHR's goal to educate and support long term care consumers and advocates regarding the rights and remedies under the law, and to create a united voice for long term care reform and humane alternatives to institutionalization.
	B.R.A.I.N (Brain Rehabilitation and Injury Network)	5656 Corporate Avenue Cypress, CA 90630 714.828.1760 http://www.thebrainsite.org/	Brain Rehabilitation And Injury Network (B.R.A.I.N.) is a non-profit recovery and resource center for people who have suffered a brain injury.
	Independent Living Center of Southern California (ILCSC)	Norma Vescovo Nvescovo@ilcsc.org 818-785-6934 818-782-0330 (f) http://www.ilcsc.org/ 14407 Gilmore Street, Suite 101 Van Nuys, CA 91401	A non-profit 501 (c) (3) consumer-based, non-residential agency providing a wide range of services to a growing population of People with all types of Disabilities and of All Ages, Older Adults, and Veterans; including people of all ages with Traumatic Brain Injury (TBI), Stroke, Cancer, Autism, Visual Impairments, Arthritis, Loss of Hearing, Mental Illness, and Physical Impairments.
	Rehabilitation Institute of Southern California	1800 E. La Veta Ave. Orange, CA 92866 714-633-7400 https://riorehab.org/contact-us/	Orange County-based non-profit organization providing supports and services to children and adults with special needs
	Westside Center for Independent Living (WILC)	Mar Vista Center 12901 Venice Boulevard Los Angeles, CA 90066 1-888-851-WCIL (9245) 1-310-390-3611 voice 1-310-390-4906 fax Santa Monica Office WISE & HEALTHY AGING 1527 4th St. Santa Monica, CA 90401	The Westside Center for Independent Living was established to facilitate independent living for people with disabilities through a variety of non-residential programs and services. The goal of our peer-led programs and services is the elimination of economic, social, attitudinal and environmental barriers people with disabilities face in their daily lives."

		<p>1-310-394-9871 ext. 420 1-310-451-9561 fax</p> <p>http://www.wcil.org/</p>	
	Partners in Care Foundation	<p>732 Mott Street Suite 150 San Fernando CA 91340</p> <p>☎Tel: 818.837.3775 ☎Fax: 818.837.3799</p> <p>https://www.picf.org/</p>	<p>"Our mission...is to design and implement new models of evidence-based care that address the key social determinants of health. We raise the quality and effectiveness of community-based health care and social services, while also simplifying the delivery of those services, and in so doing, create a continuum of care that can better help everyone." Partners collaborates with physician networks, health plans, community-based organizations, and federal and state agencies to deliver programs and services that protect and support adults with complex health and social services needs, frail elders, people with disabilities."</p>
	Center for Independence of the Disabled (CID)	<p>Executive Director, David DeNola 2001 Winward Wy, Suite 103 San Mateo, CA 94404 Phone: (650) 645-1780 and 355 Gellert Blvd. #256 Daly City, CA 94015 Phone: (650) 991-5124 www.cidsanmateo.org</p>	Organization that services and advocates to increase the social, educational, and economic participation of persons with disabilities
	NORCAL Transitions	<p>2218 Daffodil Dr. Pittsburg Ca 94565-4465 Phone: (925) 478-9068 www.norcaltransitions.com</p>	
	Independent Living Center of Kern County (ILCKC)	<p>5251 Office Park Dr. #200 Bakersfield, CA. 93309 (661) 325-1063 http://ilcofkerncounty.org/</p>	A non-profit resource agency providing a variety of programs, including independent living and community access skills, housing assistance, assistive technology, durable medical equipment, benefits access, information and community resource referrals to assist persons with disabilities free of charge
	St. Jude Brain Injury Network	<p>St Jude's Brain Injury Network 130 W. Bastanchury Rd. Fullerton, CA 92835 Phone: (714) 446-5626 Toll Free: (866) 785-8332 Fax: (714) 446-5979 Email: stjudebinuser@stjoe.org http://tbioc.org/</p>	The purpose of the St. Jude Brain Injury Network is to demonstrate the effectiveness of a coordinated service approach assisting persons with a traumatic brain injury to attain access into gainful employment, appropriate community reintegration programs, accessible housing, and research-related education.
	Betty Clooney	Betty Clooney Foundation	The Betty Clooney Center (BCC), located near Los Angeles, California, has been serving

	Center	4439 1/2 E. Village Rd. Long Beach, CA, 90808 (562)-938-9005 http://www.bcftbi.org/	the needs of persons with Traumatic Brain Injury (TBI) since 1983. The Center is a program of the Betty Clooney Foundation for Persons with Brain Injury.
	Central Coast Center for Independent Living	Main Office: 318 Cayuga Street, Suite 208 Salinas, CA 93901 Voice (831) 757-2968 Fax (831) 757-5549 http://www.cccil.org/	Since 1984, the Central Coast Center for Independent Living (CCCIL) has worked to meet the unmet needs of people with disabilities. CCCIL now serves the Santa Cruz, Monterey, and San Benito tri-county area. CCCIL's mission is to promote the independence of people with disabilities by supporting their equal and full participation in life. CCCIL provides advocacy, education, and support to hundreds of people with disabilities, their families, and the community.
	Jodi House	625 Chapala St., Santa Barbara, CA 93101 (805) 563-2882 http://jodihouse.org/	Jodi House offers a Day Program and a Caregiver Support Program, both designed to assist brain injury survivors, their families, and caregivers in developing coping strategies for living with the lingering effects of a brain injury through participation in a supportive and accepting community setting.
	Services for Brain Injury (SBI)	Main Office: 60 Daggett Dr., San Jose, CA 408-434-2277 http://sbicare.org/	Services for Brain Injury (SBI) is a 501(c)(3) tax-exempt non-profit corporation based in Northern California's Bay Area. SBI's mission is to provide rehabilitation and vocational services to assist those with a traumatic brain injury to achieve their highest level of independence. For 25 years, we have been providing the most comprehensive yet cost-effective services for people with any kind of brain injury at diverse levels of independence and various stages of recovery.
	Freed Center for Independent Living	2059 Nevada City Hwy. #102 Grass Valley, CA, 95945 530-477-3333 http://www.freed.org/	FREED is a disability and aging resource center providing services to residents of a five county area comprised of Nevada, Sierra, Yuba, Sutter and Colusa Counties.
	Independent Living Resource	3200 Clayton Rd. Concord, CA 94519 Phone: (925) 363-7296 http://www.ilrsc.org	Provides employment, housing, and financial assistance in the Bay Area
	Brain Injury Support Center	www.braininjurysupportcenter.com	Brain Injury Support Center was established with the goal of developing a comprehensive listing of all brain injury resources in the state of California.
	TraumaticBrainInjury.com	2 Commerce Square 2001 Market Street, Philadelphia, PA, 19103 888-915-7600 www.traumaticbraininjury.com	TraumaticBrainInjury.com is a project of Traumatic Brain Injury.com, LLC. Our mission is to be the leading Internet resource for education, advocacy, research and support for brain injury survivors, their families, and medical and rehabilitation professionals.
	Head Injury Hotline	212 Pioneer Building Seattle, WA 98104 Phone: (206) 621-8558 Email: brain@headinjury.com www.headinjury.com	Provides callers w/ information on living with brain injury and consultations w/ caregivers on how to best care for them

	Brain Injury Resources	http://www.braininjuryresources.org/	Online Resource Guide The main goals of the society are to raise awareness of the extent to which TBI affects our society, provide easily accessible information and support for survivors, and widen this support base by encouraging supporters' presence on the Web.
	Traumatic Brain Injury Resource Directory (TBIRD)	www.tbi-sci.org/tbird	A resource guide covering hundreds of Northern California organizations helping individuals with brain injury.
	Brain Injury Center of Ventura County	3687 E. Las Posas, Building H Camarillo, CA (805) 482-1312 http://www.braininjurycenter.org/	"Our mission is to raise Awareness, support and resources for brain injury survivors and their families"
	Brainline.org	http://www.brainline.org/	BrainLine is a national multimedia project offering information and resources about preventing, treating, and living with TBI. BrainLine includes a series of webcasts, an electronic newsletter, and an extensive outreach campaign in partnership with national organizations concerned about traumatic brain injury.
	High Hopes Head Injury Program	2953 Edinger Ave., Tustin, California 92780 949-733-0044 ht//www.highhopes.ws/	Non-profit organization providing services and day treatment programming http://www.highhopes.ws/Services
	Life After Brain Injury	Cherie Phoenix, Executive Director 805-490-8211 1918 Erringer Road Simi Valley, CA 93065 http://www.lifeafterbraininjury.org/	Life After Brain Injury is a nonprofit organization where survivors are encouraged to participate, belong, and grow. We are an Independent Living-based organization and provide free support services to the brain injury community in and around Ventura County, California
	The San Diego Brain Injury Foundation (SDBIF)	Phone: 619-294-6541 Fax: 619-294-2911 http://sdbif.org/	Founded in 1983 as the preeminent resource for brain injury survivors in San Diego County, as well as their caregivers and their families, to provide information, support, education, and community awareness. It is a non-profit organization under section 501(c)3 of the Internal Revenue Code.
	Exceptional Family Resource Centers	Main office : 9245 Sky Park Court #130, San Diego. 800-281-8252 http://efrconline.org/	Support and Resources in English and Spanish for Families of Children with Special Needs are provided by the throughout San Diego and Imperial Counties.
	Epilepsy California	http://epilepsycalifornia.org/	Epilepsy California is a joint effort of two Epilepsy Foundations in California—the Epilepsy Foundation of San Diego County and the Epilepsy Foundation of Greater Los Angeles . Support Groups for Adults with Epilepsy are offered throughout San Diego County and Los Angeles Counties
	Kern Epilepsy Society	5117 Office Park Dr, Bakersfield, CA 93309 Phone: (661) 634-9810	Non-profit organization providing support groups and other services for individuals with seizure disorders and their families

		http://epilepsysocietyofkern.org/home0.aspx	
	Access 2 Independence San Diego County	8885 Rio San Diego Dr #131, San Diego, CA 92108 619-293-3500, 800-976-2776. http://accesstoIndependence.org/	Various programs and services for adults with all types of disabilities
	Southern Caregiver Resource Center	3675 Ruffin Rd, Ste 230 San Diego, CA 92123 858-262-4432 or 800-827-1008 http://caregivercenter.org/	Free support for those assisting a relative or friend with a chronic and disabling condition. Services include: Specialized Information, Family Consultation/Case Management, Respite Care, Short-Term Counseling, Support Groups, Legal/Financial Consultation, and Education and Training. Support Groups for Caregivers include General Caregiver Support Groups with a special focus on Adult Child as Caregiver, and Huntington's disease and Multiple Sclerosis Caregiver support groups.
	Exceptional Families Resource Center	9245 Sky Park Court #130, San Diego. Call 800-281-8252. http://efrconline.org/	Support and resources in English and Spanish for families of children with special needs, provided throughout San Diego and Imperial Counties.
	Shurig Center for Brain Injury Recovery	1132 Magnolia Avenue, Larkspur, CA 94939 P (415) 461-6771 F (415) 461-8406 https://schurigcenter.org/	"A non-profit, post-acute therapeutic center offering an array of rehabilitative and supportive services designed to help survivors and their families rebuild their lives after a brain injury. Our goal is to help individuals achieve their maximum level of potential and independence. We are located in the heart of Marin County, but we welcome people from throughout the Bay Area."
	Dayle McInstosh Center	Main Office: 501 N. Brookhurst st. Suite 102 Anaheim, CA 92801 (714)621-3300 / Video phone: (657) 233-8140 / Fax: (714) 663-2094 http://daylemc.org/	Orange County-based non-profit organization providing services and supports in independent living for persons with disabilities
	On Track Program Mt. Diablo Unified School District	Loma Vista Adult Center 1266 San Carlos Ave. Concord, CA 94518 Phone (925) 685-7340 ext. 2747 Contact: Debbie McClary, Lead Instructor mcclaryd@mdusd.org	Program through the Mt. Diablo Unified School District providing services for adults with acquired brain injuries, including cognitive re-training, memory skills development, independent living skills and career exploration

		https://mdae-mdusd-ca.schoolloop.com/awd	
	BrainStorm Program San Francisco	Janet Pomeroy Center 207 Skyline Blvd. San Francisco, CA 94132 Phone (415)665-4109 ext. 239 Email: twitchell@janetpomeroy.org www.sfbrainstorm.org/activities.htm	San Francisco-based social and recreational program serving adults ages 22-65 who have experienced and acquired or traumatic brain injury
	Bay Area Outreach and Recreation Program	3075 Adeline St. suite 155 Berkeley, CA 94703-2545 Phone: (510) 849-4663 www.borp.org	East Bay non-profit organization providing recreational sports and fitness programs for
	Project Recovery YMCA	350 Civic Dr. Pleasant Hill, CA 94523 Phone: (925) 687-8900 http://ymcacba.org/index.php/ymca-pleasant-hill-programs/healthy-living/	Provides fitness and adaptive group exercise programs for Bay area adults with TBI and stroke
	Easter Seals Superior California	3205 Hurley Way Sacramento, CA 95864 Phone: (916) 485-6711 http://www.easterseals.com/superior-ca/	Provides services to children and adults w/ disabilities & other special needs, and support to their families
	Mery L. Shuer, LCSW	81 Gregory Ln Suite 305 Pleasant Hill, CA 94523 (925) 228-3544 (Office) (925) 228-3544 (Fax)	Individual coaching for people with brain injuries
	Traumatic Brain Injury Model Systems	www.tbindsc.org	Funded by the NIDRR, these projects research the spectrum of care from the point of injury, through rehabilitation, to integration back into the community. 17 centers across the country
Support Groups	East Bay Brain Injury Support Group	Contact: Dr. Pamela Paradowski 510-433-9955	Meets in Oakland
	Stroke Support Group of Contra Costa	Ann Dzuna 1174 Alta Mesa Drive Moraga, CA 94556 Phone: 925-376-6218	Meets in Concord and Walnut Creek
	Eden Medical Center Stroke & Brain Injury Support Group	(510) 889-5064	Meets in Castro Valley

	Center for Aphasia & Related Disorders	VA Northern California Healthcare System 150 Muir road 126S Martinez, CA 94553 925-372-2925	Weekly support activities group for persons living with stroke and aphasia
	Alta Bates/Herrick Campus Life Skills Support Group	Attn: Shirley Wheatland 2001 Dwight Way Berkeley, CA 94704 Phone: (510) 204-3307	
	Brain Injury Support Group	Contact: JoAnn Swift Phone: (925) 443-4366	Meets in San Ramon
	Heads Up	Contact: Scott Roberts, Psy.D. Phone: (925) 941-4295	A support group for adults with Acquired Brain injury Meets in Walnut Creek
	New Lift Support Group	981 N. Broadway Walnut Creek, CA 94596 Phone: (925) 947-4466	This support group is for individuals with brain injury and their caregivers
	TBI Home	www.tbihome.org	A peer support website for people living w/ brain injury, their families and friends to support each other by sharing their experiences
	Ed Robert's Campus	3075 Adeline, Suite 220 Berkeley, CA 94703 510.225.6300 Info@edrobertscampus.org	"Disability support organizations are joined together to build a universally designed, transit-oriented campus located at the Ashby BART Station in South Berkeley. The ERC houses collaborating organizations as well as fully accessible meeting rooms, a computer/media resource center, a fitness center, and a café."
Veterans Services	Defense and Veterans Brain Injury Center	Veterans TBI Recovery Support Program dvbic.dcoe.mil/tbi-recovery-support-program DVBIC National Headquarters 1335 East-West Highway, Ste. 6-100 Silver Spring, MD 20910 United States 800-870-9244 TBI and psychological health information (24/7): DCoE Outreach Center	The Traumatic Brain Injury (TBI) Recovery Support Program (RSP) ensures that its clients are supported and connected — and stay connected — to appropriate resources as they progress through the entire continuum of care to recovery. Eligible participants include: <ul style="list-style-type: none"> • Service members • Members of National Guard and reserves • Veterans • Family members

		866-966-1020	<ul style="list-style-type: none"> Caregivers
	Veteran Affairs Support Housing (VASH)	1-877-424-3838 http://www.va.gov/homeless/hud-vash.asp	A program designed to provide rental assistance to homeless veterans and their families in conjunction with case management and clinical services through the Department of Veterans Affairs at Veterans Affairs Medical Center (VAMC) supportive service sites.
	Veterans TBI Recovery Support Program	Defense and Veterans Brain Injury Center DVBIC National Headquarters 1335 East-West Highway, Ste. 6-100 Silver Spring, MD 20910 United States 800-870-9244 http://dvbic.dcoe.mil/tbi-recovery-support-program	DVBIC's mission is to serve active-duty military, their beneficiaries, and veterans with traumatic brain injury through state-of-the-science clinical care, innovative clinical research initiatives and educational programs, and support for force health protection services. At 16 sites supported by a Washington, D.C.-area headquarters, DVBIC treats, supports, trains and monitors service members, veterans, family members and providers who have been, or care for those who are, affected by traumatic brain injury.
	Long Beach Veterans Healthcare System	(1-844-698-2311) http://www.longbeach.va.gov/	Health care and health-related services for veterans in the greater Los Angeles area including a Long Beach-based Medical Center and multiple outpatient clinics in LA and Orange County
	Coastline Community College Veterans Resource Center	Newport Beach Campus 1515 Monrovia, Newport Beach, CA 92663 714-241-6214 http://military.coastline.edu/veterans/	Community College program "dedicated to promoting, encouraging, and delivering quality education to servicemembers and their families in all branches of the U.S. Armed Forces."
	Orange Coast College Veterans Resource Center	2701 Fairview Rd. Costa Mesa, CA 92626 714-432-5072 http://www.orangecoastcollege.edu/student_services/Veterans/Pages/Veterans'-Resource-Center.aspx	"...we serve veterans, reservists, service-persons, and spouses or dependents of veterans. Our goal is to assist you in acquiring your G.I. education benefits while you achieve your educational goal. Whether that goal is to earn an Associate of Arts degree or an Associate of Science degree, to complete a Certificate of Achievement, or to transfer to a four year university, we are here to help you get there!"
	Orange County Veterans Service Office	OC Community Services Veterans Service Office County Operation Building 1300 S. Grand Avenue, Building B Santa Ana, CA 92705 714-480-6555 714-567-7674 Fax http://veterans.ocgov.com/	"The O.C. County Veterans Service Office will actively pursue the rights of veterans and dependents of the United States Armed Forces to receive Department of Veterans Affairs benefits. We will work collaboratively with nationally chartered veterans organizations, the Department of Veterans Affairs and others to assure that veterans and their dependents receive the entitlements they have earned for their military service."
	Working Wardrobes Vet Net	3030 Pullman Street, Ste. A Costa Mesa, CA 92626 (714) 210-2460 Fax (714) 434-2870	Veterans job placement supports and services available through the Costa Mesa Career Success Network

		http://www.tbloc.org/wp-content/uploads/2012/01/Working-Wardrobes-Vet-Net.pdf http://www.workingwardrobes.org/	
	Veterans First Orange County	1611 N. Broadway Santa Ana, CA 92706 USA Tel: (714) 547-0615 Fax: (714) 547-8678	"Non-profit agency in Orange County that works to provide services exclusively to our region's homeless and at-risk veterans. Our organization provides a multitude of services including housing, meals, life coaching counseling, life skills, access to mental health counseling, benefit counseling, transportation, as well as job training and employment placement assistance."
	Veteran's Aid and Attendance Program	1-866-584-7191 http://www.veteranaid.org/about.php	The Aid and Attendance (A&A) Pension provides benefits for veterans and surviving spouses who require the regular attendance of another person to assist in eating, bathing, dressing and undressing or taking care of the needs of nature. It also includes individuals who are blind or a patient in a nursing home because of mental or physical incapacity. Assisted care in an assisting living facility also qualifies.
	Wounded Warrior Project	https://www.woundedwarriorproject.org/	"Wounded Warrior Project® (WWP) serves veterans and service members who incurred a physical or mental injury, illness, or wound, co-incident to their military service on or after September 11, 2001 and their families, including those service members who have experienced not only physical wounds, but combat-related stress, major depression, post-traumatic stress disorder and traumatic brain injuries as well."
Technology			
	Mobile Apps for People with Brain Injuries	www.brainline.org/content/2013/12/life-changing-iphone-and-ipad-apps-for-people-with-brain.html	The BrainLine team sorted through many resources to compile this list of apps for mobile devices for people with a brain injury, their families and caregivers.
	Concussion Coach mobile app	http://www.polytrauma.va.gov/ConcussionCoach.asp	Concussion Coach is a mobile phone application for Veterans, Servicemembers, and others who have experienced a mild to moderate concussion. It provides portable tools to assess symptoms and to facilitate use of coping strategies.
	California Telephone Access Program (CTAP)	800-806-1191 303 N. Glenoaks Blvd., Suite L-130, Burbank, CA 91502 http://ddtp.cpuc.ca.gov/	A state funded program. No cost, obligation, or income requirement. Provides specialized phones to individuals with vision, hearing, speech, memory and movement difficulties. No cost to qualified California residents who have existing residential phone service, complete certification form and obtain physician signature.
	Center for Accessible Technology	3075 Adeline, Suite 220 Berkeley, CA 94710 Phone: (510) 841-3224 Email: info@cforat.org www.cforat.org	Provides access to computers for people w/ disabilities
Transport			
	LA DOT CityRide	Ladottransit.com	Cityride is a transportation assistance program for individuals age 65 or older and qualified

			<p>disabled persons in the City of Los Angeles and select areas of Los Angeles County. The program offers Cityride participants reduced costs for the purchase of City of Los Angeles permitted taxi rides and Cityride Dial-A-Ride services.</p> <p>The Cityride Program is a transportation program funded by Proposition A, Local Transit Assistance (PALTA) funds and administered by the City of Los Angeles Department of Transportation with the assistance of the Department of Aging.</p>
	Access LA	<p>To become a registered Access customer and for commendations, concerns, or questions:</p> <p>www.accessla.org</p> <p>Toll Free: 1.800.827.0829</p> <p>Email: cserv@accessla.org</p>	<p>Access is the service name of the ADA Complementary Paratransit service for functionally disabled individuals in Los Angeles County. Access transportation service is available for any ADA paratransit eligible individual to any location within 3/4 of a mile of any fixed bus operated by the Los Angeles County public fixed route bus operators and within 3/4 of a mile around METRO Rail stations during the hours that the systems are operational. Complementary paratransit service is not required to complement commuter rail and commuter bus services, since the ADA does not require that these services provide complementary paratransit service. The service area is divided into service areas and extends into portions of the surrounding counties of San Bernardino, Orange and Ventura that are served by Los Angeles County Fixed-route bus lines.</p>
	Dial A Ride	<p>900 S. Fremont Ave. Alhambra, CA 91803 (626) 458-5100</p> <p>https://dpw.lacounty.gov/pdd/Transit/index.cfm?id=1</p>	<p>Public Works provides dial-a-ride (paratransit) services for eligible residents of the unincorporated areas of Los Angeles County. Dial-a-ride consists of curb-to-curb, shared ride services available through appointments. Most of these services are for the elderly and persons with disabilities who reside in unincorporated County areas. In some areas, they may be available to the general public. In most areas, Public Works provides these services by contracting with adjacent cities to include unincorporated County areas in the city's paratransit service. We also directly contract with paratransit service providers for service in the East Los Angeles, Walnut Park, Whittier, and Willowbrook areas.</p>
	Los Angeles County Metropolitan Authority-LA METRO	<p>Phone (213) 922-2000</p> <p>https://www.metro.net/</p>	<p>"Metro provides a safe, clean, and reliable transportation system to the general public and people with disabilities.</p> <p>Services: Metro bus system, several municipal bus operations, Metro Red Line subway, Metro Rapid bus service on Ventura Blvd. that operates between Metro Red Line Universal City Station and Warner Station in Woodland Hills. Metrolink commuter rail system operates two lines in the San Fernando Valley, one shared with Amtrak service. In addition San Fernando Valley Metro Rapidway east-west service between the Metro Red Line North Hollywood Station and Warner Center in Woodland Hills."</p>
	On Time Med Trans	<p>800-372-3372</p> <p>http://www.ontimedtrans.com/</p>	<p>Provider of non-emergency medical transportation services in Los Angeles, Ventura, Orange, Riverside and San Bernardino Counties</p>
Volunteer Placement			
	Operation Gratitude	<p>Volunteer information: volunteers@operationgratitude.com</p> <p>21100 Lassen Street</p>	<p>Volunteers help pack the Care Packages for troops overseas. Operation Gratitude annually sends 150,000+ care packages filled with snacks,</p>

		Chatsworth, CA 91311 Info Hotline: 800-651-8031	entertainment, hygiene and hand-made items, plus personal letters of appreciation to New Recruits, Veterans, First Responders, Wounded Warriors, Caregivers and individually-named U.S. Service Members deployed overseas.
	RideOn Therapeutic Horsemanship	CHATSWORTH LOCATION Ride On in Chatsworth 10860 Topanga Canyon Blvd., Chatsworth, CA 91311 Phone (818) 700-2971 Fax (805) 309-5234 E-Mail: Sara@rideon.org http://www.rideon.org/	Volunteers are vital to the program and without them we do not ride! We need volunteers to groom and tack horses, walk beside disabled riders with poor balance or lead horses. No previous experience with horses or disabilities is necessary – you will be taught everything you need to know. The minimum age for volunteering in the arena with our horses and riders is 14. No experience required! Prospective volunteers between 12 and 14 are eligible to volunteer in the barn.
	Great Non-profits.org	Bakersfield/Kern County: http://greatnonprofits.org/city/bakersfield/CA Los Angeles: http://greatnonprofits.org/city/los-angeles/CA Anaheim: http://greatnonprofits.org/city/anaheim/CA San Diego: http://greatnonprofits.org/city/san-diego/CA Oakland: http://greatnonprofits.org/city/oakland/CA Walnut Creek: http://greatnonprofits.org/city/walnut-creek/CA San Francisco: http://greatnonprofits.org/city/san-francisco/CA	Web-based platform for identifying, connecting and supporting various non-profit organizations throughout the country, including volunteer opportunities with these organizations
	Kern County Volunteer Center	1311 Eye Street, Bakersfield, CA 93301 661-395-9787 http://www.volunteercenter.info/	"The Volunteer Center helps people find meaningful service opportunities based on their skills, interests and experience."
	We Like L.A.	http://www.welikela.com/volunteer-opportunities-los-angeles/	Website of various volunteer opportunities in and around the LA area
	OneOC (Orange County)	1901 E. 4th Street, Ste 100, Santa Ana, CA 92705 https://www.oneoc.org/	"OneOC provides volunteer, training, consulting and fiscal sponsorship services for nonprofits to help them become as efficient and effective as they are passionate about their missions."
	All For Good (San Diego)	http://www.allforgood.org/volunteer-opportunities-in-san-diego-ca	"Our mission is to make it easy for you to connect with volunteer opportunities that match your interests and availability."
	HandsOn Bay Area	HandsOn Bay Area 1504 Bryant Street, Suite 100 San Francisco, CA 94103	"HandsOn Bay Area staff works with local nonprofits, schools and parks to identify high-impact, group-based volunteer projects."

		Phone: 415-541-9616 https://www.handsonbayarea.org	
	Ability First	1300 E. Green Street, Pasadena, CA 91106 Toll Free: 877-768-4600 Local Tel: 626-396-1010 Fax: 626-396-1021 http://www.abilityfirst.org/	Adult Programs SERVING CHILDREN AND ADULTS WITH SPECIAL NEEDS AbilityFirst programs for adults with disabilities respect each person's right of self-determination. We work to support the choices of men and women with disabilities to pursue activities and work that they find interesting, meaningful, and enriching. As we partner with those in our <i>special needs</i> programs, we also partner with family members and others in each person's circle of support – helping individuals reach their full potential throughout their lives. Our programs for adults, as well as our accessible housing locations , are intended for women and men of at least 18 years of age. There is no upper age limit. To learn more about AbilityFirst Employment Programs , Day Programs , camp for adults and children with disabilities , and Accessible Housing , click on the links on the left. You can view our agency brochure, here, in PDF format.
	San Fernando Valley Rescue Mission	Address: 8756 Canby Ave, Northridge, CA 91325 Phone: (818) 785-4476 http://sfvrescuemission.org/	